

# Unitarian Universalist Fellowship of San Dieguito

Service at 10:00am

Watch this Sunday's Sermon via Zoom

<https://uufsd.org/zoom>

Meeting ID: 952 2706 0986

Passcode: 618961



July 20, 2025

"Background/Foreground"

## Order of Service: Sunday, July 20, 2025

Prelude

*Katie Klaerich*

Gathering Hymn: "Come, Come, Whoever You Are"

*(please stand)*

Come, come, whoever you are  
Wanderer, worshiper, lover of leaving  
Ours is no caravan of despair  
Come, yet again, come (3x)

Welcome and Greet Your Neighbors

*Chris Byrnes*

Welcoming Hymn #1052: "The Oneness of Everything"

Call to Worship

*Robin Mitchell*

Land Acknowledgement

*Chris Byrnes*

Chalice Lighting

*Chris Byrnes*

Time for All Ages

*Rev. Heather Megill*

Children's Recessional Hymn #414

*(sing 2x as children leave service)*

"As we leave this friendly place, love gives light to every face;  
May the kindness which we learn, light our hearts till we return."

Centering Hymn and Covenant

#123 "Spirit of Life" / #31 "Fuente de Amor"

*Words and Music by Carolyn McDade*

*Spanish lyrics by Ervin Barrios*

Spirit of Life, come unto me;

Sing in my heart all the stirrings of compassion.

Blow in the wind, rise in the sea;  
Move in the hand, giving life the shape of justice.  
Roots hold me close; wings set me free;  
Spirit of Life, come to me, come to me.

Fuente de Amor, ven hacia mí.  
Y al corazón, cántale tu compasión.  
Sopla al volar, sube en el mar,  
Hasta moldear la justicia de la vida.  
Arráigame, libérame,  
Fuente de Amor, ven a mí, ven a mí.

### Fellowship Covenant

“May love be the spirit of this congregation;  
May the quest for truth be its sacrament  
And service be its prayer;  
To dwell together in peace,  
To seek knowledge in freedom,  
And to help one another in fellowship.  
This is our Covenant.”

### Community Sharing

*Chris Byrnes*

### Offering

### Meditation Chant (sung 2x)

“When I breathe in, I breathe in peace.  
When I breathe out, I breathe out love.”

### Sermon

*Robin Mitchell*

“Background/Foreground”

### Closing Hymn #1057: “Go Lifted Up”

### Extinguishing the Chalice

*Robin Mitchell*

“We extinguish this flame, but not the light of truth,

the warmth of community, or the fire of commitment.  
These we carry in our hearts until we are together again."

Closing Words

*Robin Mitchell*

Postlude

*Katie Klaerich*

\* \* \* \* \*

*Welcome visitors! We are delighted you are here. Immediately following the service, we invite everyone to join on the central patio to enjoy refreshments and conversation, meet new friends, and gather in fellowship.*

Give Online



UUFSD is a welcome congregation.



### Today's Service

Speaker

*Robin Mitchell*

Worship Associate

*Chris Byrnes*

Song Leader

*Alisa Guralnick*

Ushers

*Angie Knappenberger & Norma Showalter*

### UUFSD Staff

Minister

*Rev. Ellie Kilpatrick*

Dir. of Religious Exploration & Fellowship

*Rev. Heather Megill*

Music Director

*Steve Milloy*

Pianist

*Katie Klaerich*

Audio Visual Technician

*Joe Cantrell*

Set Up Coordinators

*Byrht Renfrow / Guthry Hahm*

RE Support Staff

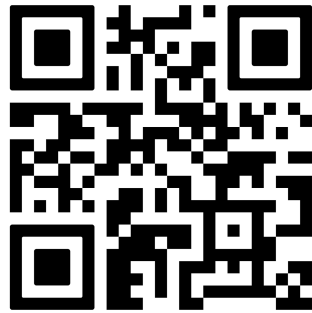
*Raja Michelle / Charlotte Rosen*

## Announcements for Sunday, July 20, 2025

### GroupiNext Update

*Sunday, July 27; 11:30am; Founders Hall West*

All are invited to the first gathering to discuss follow-on to my sermon on "Groupiness." We will gather on Sunday, July 27, at 11:30, following the service. If you are interested in helping start an outreach effort to people in other churches and religious organizations, to identify and lift up our many shared values and concerns, and haven't already filled out the form, please scan the QR code below. Thanks. Lisa Shaffer, [Lshaffer@ucsd.edu](mailto:Lshaffer@ucsd.edu)



Scan to access  
sign up form  
for GroupiNext  
group

### Social Justice Action Committee Meeting

*Sunday, July 20; 11:30am; Founders Hall*

The Social Justice Action Committee meets Sunday, July 20, 11:30 am in Founders Hall. All are welcome.

### Sharing Delights and Bites

Auction planning is up and running. Time to start thinking ahead. Due to our upcoming construction, we'll have an online auction for dinners, services and activities in the fall (ending October 12), and a live party auction in the spring (May 16). So put both dates for *Sharing Delights and Bites* on your calendar and start thinking of imaginative, irresistible events to donate. If you have a big house, deck or yard, and prefer not to plan a gathering, we'd love for you to donate your space so someone else can create it for you. We'll have tables in the core area Sundays for sign-ups. Or contact Mary Anne at [trause@comcast.net](mailto:trause@comcast.net).

## Game Night - now on the 3rd Monday off the month

*Monday, July 21; 6-8pm; Founders Hall*

Don't miss out on "All Ages Tabletop Game & Pizza Night, now featuring Dungeons & Dragons!" (That's an awfully long name for you to miss this event. Clearly a lot of planning went into such a well named community event!) Come join in the good time. Newcomers welcomed and encouraged to attend!

## UU Brewhouse & Open Mic Night

*Friday, July 25; 6:30-8:30pm; Founders Hall West*

We have so much fun at the Brewhouse sharing stories, songs, jokes, and poems. Not to mention that the soups and breads are delish! The UU Brew is a low-key, no stress environment where fellowship abounds. You can bring food or art to share, or just yourself. If you'd like to contribute, please sign up using the link in the newsletter. Contact [heather@uufsd.org](mailto:heather@uufsd.org) with questions.

## The July Quarterly Magazine is Here

Our July Quarterly Magazine has arrived. We've had a busy three months. Our activities included numerous Social Justice Actions, a Baroque to Brahms chamber music concert, a remarkable and unforgettable Music Sunday, a successful Family Camp at Debenerville Pines, and much more. You can access the July Magazine at: <https://uufsd.org/news/publications/quarterly-magazine/> Enjoy!

## Join Social Justice on Signal and Take Action!

Tired of not knowing when and where rallies and protests are taking place? Join UUFSD's Signal group and be in the know. It's easy: download the Signal App and contact Andi MacLeod at [andi.macleod@gmail.com](mailto:andi.macleod@gmail.com) to learn more and to get an invitation. See you on Signal!

## Fill a Belly

*July 24; 6:15-7:45pm; Encinitas Methodist Church*

Please sign up to bring a main dish, side dish, or dessert to serve 15 at the Encinitas Methodist Church on Calle Magdalena. Together we can serve 80 people! Contact Cheryl Close at [cherical@gmail.com](mailto:cherical@gmail.com) to sign up.

## Please Keep it Coming: CRC Donations

First of all, thank you for your generous donations of food and other items for the CRC Food Pantry. However, we need to keep it coming, as ever more clients are added to the roles. So please bring your donations to the service and place them in the basket at the front by the podium. Thanks again.

## Backpack Project

*Sundays in July; 9-11:30am; Core Area*

We will be collecting school supplies and backpacks Sunday mornings from July 6th to July 27th. The Dollar Store, 5 or Less, and Target are good places to shop. For those who disdain shopping, we will be collecting money in the Core Area on those dates and will use it to round out the supplies. The backpacks/school supplies will be distributed to local schools for underprivileged children in need. For more information, please contact Betsy Gilpin at [betsygilpin01@gmail.com](mailto:betsygilpin01@gmail.com).



Unitarian Universalist congregations affirm and promote eight Principles, which we hold as strong values and moral guides.

- 1) The inherent worth and dignity of every person;
- 2) Justice, equity and compassion in human relations;
- 3) Acceptance of one another and encouragement to spiritual growth in our congregations;
- 4) A free and responsible search for truth and meaning;
- 5) The right of conscience and the use of the democratic process within our congregations and in society at large;
- 6) The goal of world community with peace, liberty, and justice for all;
- 7) Respect for the interdependent web of all existence of which we are a part;
- 8) Journeying toward spiritual wholeness by working to build a diverse and multicultural Beloved Community by our actions that accountably dismantle racism and other oppressions in ourselves and our institutions.



Contacting Our Minister, Rev. Ellie Kilpatrick:

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