



Soul Matters Theme: Freedom

Sunday, June 1 - Freedom & Flower Communion

How are freedom and flower ceremonies linked? What is the Flower Communion ceremony about?

Sunday, June 8 - Freedom & Pride

What would it mean to be free from oppression and not have to hide who you are? Do you feel a sense of fear that LGBTQIA+ freedoms are being threatened? How can we lift a sense of joy during this complicated time?

Sunday, June 15 - Freedom & Juneteenth

While Juneteenth is a celebration of the freedom of enslaved people and is often filled with joy since it was recognized as a federal holiday, it is also a reminder that there is still work to be done. What can you do to help?

Sunday, June 22 - Freedom & Summer Solstice

The Summer Solstice is an invitation to celebrate and a reminder that having fun and engaging in play is an important way we experience the sensation of freedom. Do you feel freer during the summer than the school year?

Sunday, June 29 - Freedom & The Arts

How can the arts help us experience a sense of freedom? Does art help you freely express yourself? What can you say through art that you struggle to say otherwise?