

DIALOGUE

Inspired by our UU principles, we are a vibrant, intentionally diverse congregation that models and promotes both locally and globally: love, spiritual growth, service, right relations, and sustainable living.



**UUFSD Choir at Fill a Belly Dinner, Dec 19
Pages 8 & 9**

Table of Contents

Rev Ellies Corner	Pg 2
A word from Heather	Pg 3
Our Values In Action	Pgs 4-9
New Members	Pgs 10 & 11
Young Adults	Pg 11
Happenings	Pg 12
Music at UUFSD	Pg 13
Ken Schultz Celebration of Life	Pgs 14-16

Irv Himmelblau, Editor



“Almost” a Christmas Pageant - Pages 12 & 13

Rev Ellie's Corner



Rev. Ellie Kilpatrick

Beloved Members and Friends at UUFSD,

It has been a complicated beginning to the church year. On a global scale, there has been an inordinate amount of heartbreak. Between an election that showed our nation's true colors, to international wars, it has been easy to feel hopeless at times. And yet... watching our community rise to meet the moment and find joy as an act of resistance has been an inspiration. Our community is vibrant and growing. We have developed more activities to create community and connection in a world that desperately needs it. And in the new year, there will be ample opportunities to keep building up the ways in which love can be visible both inside our congregation and out in the wider world.

Unitarian Universalism will always advocate for the inherent worth and dignity of all people and for democracy. We know that democracy and freedom are likely to face serious challenges in 2025, but we also know that love is a stronger force than fear and hatred. We will journey together with any and all people whose rights are threatened, and build up the haven that we can in our little slice of California.

We often think of courage as something singular that we do in the face of physical threat. And yet, real courage is so much more multifaceted. There are many types of courage that will be called for in the coming months, and part of the journey will be to remember that we can help each other find what is needed. As a church, we are called to embody intellectual, emotional, spiritual, and moral courage. As individuals, some of these will come more naturally to us than others. But the beauty of community is that, together, we can find all four of these types of courage to lift each other up and lift up the world. I am inspired to do the work of Unitarian Universalism because of you, and though I know the future will necessitate that we combat the forces of greed, fear, and bigotry, I can't wait to see the beauty that we will create together.

I am perpetually grateful and inspired by you all!

With love, hope, and gratitude,

Rev. Ellie (she/her)



A Word From Heather



**Heather Megill, Director,
Religious Exploration &
Fellowship**

The RE Program had a great fall season, culminating in our production of “(Almost) a Christmas Pageant” during the December 22nd service. Children, young adults, and members gathered together to tell the tale of Christmas personalities who meet to rehearse for a Christmas pageant. Donned in costume pieces and singing loudly for all to hear, the holiday performance was a special, fun, and unique multigenerational service.



The UU Brewhouse and Open Mic program has been going strong, creating warm and spiritually nourishing evenings filled with soup, bread, story, and song.

San Diego-based actor Amy Hypnarowski headlined the December 13th open mic night, starting a series of guest appearances that will continue through the spring. The UU Brewhouse will return January 17th and 31st, then proceed the 2nd and 4th Fridays of each month.

Upcoming plans for the RE program include OWL training for facilitators, Parents’ Nights Out, Cafe Valentinos on Valentine’s Day, a Spring Carnival, and continued focus in our RE classes Sunday mornings. For more information about our programming, please reach out to our DREF, Rev. Heather Megill, heather@uufsd.org.

Our Values In Action

Planet-Friendly Potluck with Short Demo Videos Sunday, Oct 6



The Potluck was hosted by UUFSD Social Justice Action Climate Group. Participants brought a healthy plant-based dish for a fabulous luncheon. The dishes included Vegan and Vegetarian dishes, some of which were gluten free.

There were 4 videos shown:

- “How to get a ton of vegan protein every day | no protein powder.”
- “Six vegan meals I eat every week.”
- “Beginner vegan recipes-10 recipes you need in your life.”
- “What UUA has on board.”

UUFSD Palestine-Israel Justice Group, Sunday, October 6



Approximately 25 members and friends gathered to watch the second in a series of educational films on the Palestine-Israel conflict: “**1948 Creation and Catastrophe.**” Following the film, the attendees participated in an open discussion facilitated by Rev. Ellie. While some of the attendees had some

knowledge of the events of 1948, there were others who indicated that the film opened their eyes to a completely different way of looking at and understanding the conflict.

* HR9495 - The Stop Terror - Financing and Tax Penalties Act

This deceptive and dangerous bill would allow the US Treasury Department to label any nonprofit a "terrorist-supporting organization" and strip it of its tax exempt status. The bill passed the House of Representatives and will go to the Senate for a vote.

We received 79 signatures on our petition that we will send to our California US Senators.

Save the Date: Saturday, February 2, 2 to 4 pm Founders Hall A Must See Movie to Understand Israeli Apartheid Policies

Join the UUFSD Palestine-Israel Justice for a showing and discussion



Our Values in Action

UU the Vote Post Card and Letter Writing Campaign & League of Women Voters 2024 California Propositions



Thirtyfour members and friends of UUFSD attended the UU The Vote sponsored League of Women Voters presentation on California State and Local Ballot Measures. Mandy Butler and Rosette Garcia presented the Pros and Cons of the California Propositions. They informed the participants of the details of the 10 State Propositions.

Christmas Giving Tree - December 2024



Thank you to Robin Sales for coordinating the Giving Tree Project for the Social Justice Action Committee.

A Tale of Three Families

Thanks to the incredibly generous collection of \$1800 from our fifth Annual Giving Tree event, we were able to deliver \$600 per family. Robin Sales got to visit and saw one family’s joy at welcoming a new baby. Twenty year old Adelaida and her partner have a two month old. It was a surprise and abuela Angelina and her mother are thrilled. The younger children were excited for Christmas and having two weeks off from school! This family all have visas and are feeling safe for now. Isabel and Adolfo were also very happy that their daughter Candy has a new baby as well. Zoila and Juventino’s twins are over 3 years old now. All of the families are children centered.

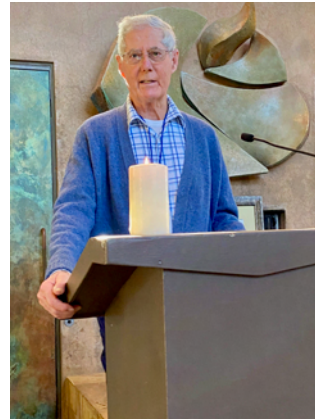


Unfortunately, both families, who do not have work permits or visas, are living in fear daily of ICE, who have been looking for one of the men. The panicky feeling in the room, as both families shared their concerns, was palpable. This is their reality. We will hopefully be able to provide resources through the ACLU Know Your Rights program and through other immigrant focused organizations in San Diego County.

NOTE: We are considering creating an “Immigration Reform Group.” If interested in assisting contact: SocialJustice@uufsd.org

Our Values in Action

Service is Our Prayer - Social Justice Service - Sunday, Dec 1



At a Social Justice Action Committee meeting Rev. Ellie asked members to contemplate “How is your social justice work or service an expression of your spiritual life and/or values?” This was a significant question, and many of the attendees did not have a ready answer. Later, the UUFSD Worship Committee asked Social Justice to offer a Social Justice Sunday service. We agreed and settled on Rev. Ellie’s question on the spirituality of our actions as the basis for the worship service.

This service was significant on many levels in that members presented the spiritual foundation of their Social Justice involvement. Our speakers spoke to the spiritual meaning of their participation in several specific Social Justice programs. Irv Himelblau shared an overview of our actions over the last 20 years, and emphasized actions that were transformative in the way we do Social Justice. Mary Anne Trause spoke to the spiritual meaning of coordinating the Homeless Winter Shelter. Linda Luisi, spoke to the spiritual values of environmental justice and climate action. Terry Goan referred to the sense of connectedness he gets from his participation in our monthly Fill a Belly dinners for homeless people in our community.

We also had a Generosity Sunday presentation for the Helping Our Neighbors Homeless Toiletry distribution, which raised \$1000.



Our Values in Action

Lisa Shafer & Angie Knappenberger-Vote Save America by Lisa Shafer



As the 2024 election approached, and concern grew over a potential Trump win, I signed up with Vote Save America in their grassroots organizing effort to make a difference in swing states. I chose to drive to Tucson to join a group led by a Seattle-based organization called Common Power for a long weekend of in-person canvassing for Kamala Harris and other Democrats running for Senate and Congress. I invited Angie Knappenberger to join me and thankfully she said yes.

After a few zoom training sessions, we headed east on Interstate 8, stopping for lunch in Yuma. It was a bit shocking to see so many Trump signs in all the medians, but it made clear that we weren't in our California bubble anymore.



In Tucson we joined about 120 other volunteers, most from the Seattle area, and spent three days knocking on doors. Common Power did an excellent job. Each morning we heard a briefing about the issues, the process, and inspirational messages. We felt well cared for, safe, and appreciated by the local partners. The main goal was to help the local Democratic party gather up-to-date information about who has voted, who was inclined to vote, and whose information is wrong, so they could focus their resources most effectively. Angie discovered, for example, that one voter on her list had died more than ten years earlier. We found several who had moved. While we were gathering this information, we were also handing out literature, and trying to encourage eligible voters to use their power for good. Most door knocks went unanswered. Some had literature already left by prior groups working toward the same goal. The few that answered the door were generally willing to engage long enough for us to record their information in the "mini-van" app. And in a few cases, we were able to give essential information about where and when to vote (Arizona doesn't make it as easy as California to cast your ballot.)



As we know now, Harris did not prevail in Arizona, but Ruben Gallego won a Senate seat. Perhaps our efforts make a little contribution to the Senate outcome. It was a good experience nonetheless. We met many other like-minded activists, we interacted with people outside of our normal environment, and we were very impressed by Common Power.

Holiday Baskets for Encinitas CRC by Norma Showalter

I am happy to report that I was able to deliver 32 throw blankets for seniors to the Community Resource Center today. They were thrilled to receive them and very grateful to UUFSD for their participation again this year.

Thank you Norma for your dedication to the CRC Holiday Baskets Program and all the Social Justice work you do for the Fellowship.



Our Values in Action - Fill A Belly

Fill A Belly Christmas Dinner With the UUFSD Choir, Thursday, December 19

Our UUFSD Choir came to the December 19th Fill a Belly Dinner and provided a musical night to our homeless brothers and sisters. *It was the first time that a choir performed at Christmas time in Fill A Belly's 17 years of existence.*

Carol singers: Wenda Alvarez, Lynn Talley, Cheryl Close, Jan Berlin, Doug and Libby Scott, Betsy Gilpin, Vanessa Reed, Caroline DeMar, Judy Devlin, Karen Eckhart, Karen Kowalski, Greg and Cathy Leach-Phillips Linda Cavanaugh, Alisa Guralnick, Greg Brown.

In additions to singing carols, the choir members provided the December 19th Fill A Belly dinner menu with additions from other members of the Fellowship.

Over 60 people were served delicious meals and many received new or slightly used warm clothing and blankets.



Our Values in Action

Fill A Belly Christmas Dinner With the UUFSD Choir, Thursday, December 19



Thank you to our cooks and servers: Linda Kavanagh, Pamela Parker, Michael Scott, Wenda Alvarez, Betsy Gilpin, Livia Walsh, Irv Himelblau, Libby Scott, Doug Scott, Cheryl Close, Marty Vogel, Greg Brown, Janine Pool, Donna Gerhauser, Diana Shimkus, Lynne Talley, Vanessa Reed, Caroline De Mar, Karen Eckhart, Jan Berlin, Alisa Guralnick, Karen Kowalski, Norma Showalter, Sara O'hara and Louise Garrett.



Welcome New Members



Sue Grant is a personal trainer and group exercise instructor with older adults. When not working, she helps out her daughter with her kids - a 4yr old and 1yr old twins. Sue is passionate about playing Celtic music on her fiddle, but it is much more fun to play with other folks, so she was thrilled when Rich Macdonald offered to let her group use the Founders' Hall once a month to play Irish/Scottish music together. According to Sue, she initially came to UUFSD for the music opportunity, but once she was so warmly welcomed, she realized that UUFSD is the place for her. Sue is honored and delighted to be a member of this incredible group. Welcome Sue!



Michael Cosgrove was attracted to the congregation because of its positive attitude to do the "right thing" for all people. Mike has two sons; one is a lawyer in Alaska, and the other is a director of an outdoor school in Oregon. His hobbies include volunteering as a handyman for several non-profits including Casa de Luz, biking, hiking, and walking the dog. Welcome Mike!



Maxwell and Angie Robinson. Maxwell works in finance and loves meditating and surfing in whatever time he can squeeze in between work and parenting. Angie also works in finance and enjoys entrepreneurship and cooking. Maxwell and Angie met in Vietnam in 2009 and moved from Singapore to San Diego earlier this year. Their kids are Audrey who is in 2nd grade at Carmel Creek and is an avid reader and rock climber and Julian who is in preschool and is a budding Lego engineer. They appreciate the warm welcome you all have given them at UUFSD and are excited to become members! Welcome Robinson family!



Chris, Fiya, and Sofi Chapman moved to San Diego in June. Fiya grew up in Mumbai, India and came to the United States for college. Chris grew up in Louisiana. Chris and Fiya lived in the Boston area for many years, and Sofi was born there. They were members of First Parish in Lexington. In 2017, they moved to San Jose and began attending the Unitarian Universalist Church of Palo Alto. Chris is interested in world music and archery. Fiya is interested in art. Sofi is also interested in art, music, and archery. Welcome Chapmans!

Welcome New Members



Andrew Crane moved to San Diego from Idaho in 2004 to escape the cold winters. Andrew is retired, and his last position was as a manager of a regional center for developmentally disabled persons. He has two grown children: Suzanne lives in Boise, Idaho and Laura lives in Blacksburg, Virginia. For recreation, Andrew enjoys walking, hiking if the elevation gain is not too great, and tennis. Indoors he enjoys writing short stories and screenplays and painting (acrylics). A variety of music appeals to Andrew: classical, jazz, folk-rock, and alt-rock. He joined UUFSD because he shares the ideals and values of the congregation and wanted the connection with like-minded people. Welcome Andrew!

Young Adults

UU Brewhouse, Friday, November 8



The UU Brewhouse is alive and thriving! Our team of young adults have created a cozy and charming environment for fun, sharing, and fellowship. Opening night on November 8th was filled with friendship, warm beverages, and a spontaneous sing-a-long. The Brewhouse is open the 2nd and 4th Fridays of the month from 6:30-9pm. Open mic time begins at 7pm. Come visit us!

A small menu of hot beverages and light foods will be provided with suggested donation "prices." Proceeds from this ongoing event will go toward the youth's chosen social justice organization: Voices for Children (speakupnow.org.)



For more information contact Heather Megill at heather@uufsd.org

“(Almost) a Christmas Pageant”

Written and directed by Heather Megill,

Piano: Katie Klaerich



CAST OF THE AWARD WINNING (BY “ACADEMY” FELLOWSHIP VOTE), PLAY:
“(ALMOST) A CHRISTIAN PAGEANT”

Author/Director: Heather Megill. **Stage Manager:** Rev. Ellie Kilpatrick.

Kris Kringle - Michael Rosen, **Mrs. Claus** - Mary Anne Trause, **Frosty the Snowman** - Everett Host, **Scrooge** - Ethan Reba, **Mary** - Alefiya Chapman, **King Wenceslas** - Chris Chapman, **Easter Bunny** - Jon Host

Wise Men: Frank - Darren Heinrichsen, **Glenn** - Beth Megill

Angels: Merry - Sofiya Chapman, **Bright** - Erilynn Heinrichsen, **Light** - Kellen Heinrichsen

Elves: Holly - Andi MacLeod, **Ivy** - Audrey Robinson - **Poinsettia:** Sydney Manger

Reindeer: Dancer - Emily Host, **Prancer** - Charlotte Rosen, **Vixen** - Tabitha Host



“(Almost) a Christmas Pageant”



Celebration of Life

Remembrances



Kenneth Robert Schultz died peacefully with his family around him on September 11, 2024. He was born in San Francisco, CA, on June 9, 1942, to Thelma Ione and Robert Louis Schultz. He grew up in Mill Valley, CA, graduating from Stanford University with a BS and MS in Mechanical Engineering. He earned his PhD in Nuclear Engineering from the University of Florida in 1970. He conducted research on fission and fusion reactors at General Atomics until his retirement in 2011. He published many papers and received a number of honors for his work.

Ken donated much time and energy to his community. He served as President of the Leucadia Town Council and was instrumental in the conservation of Batiquitos Lagoon when it was threatened to become Capt. Nemo's Lagoon. An Eagle Scout, he was Pack Leader for Cub Scout Pack 770. He strongly supported the incorporation of Encinitas and was elected Mayor in the first try. (He breathed a sigh of relief when incorporation failed.)

Kenneth Robert Schultz

He was very active in the Unitarian Universalist Fellowship of San Dieguito. In addition Ken loved to travel and visited all seven continents. He spent many hours hiking and swimming in the Sierra and days before his passing went hiking in Bear Vally where he had a cabin.

Ken is survived by Mary Lou, his wife of 60 years, son Robert Schultz, daughter Elizabeth Johnson, son-in-law Mark Johnson, and three grandchildren. A Celebration of Life was held on November 16 at the UUFSD in Solana Beach. In lieu of flowers, donations may be made to the Batiquitos Lagoon Foundation.

Remembrances

Betsy Gilpin

When my son, Joe, was about 10 years old, I brought him to a Saturday morning Buildings and Grounds work party. Ken was to cut down a rather large tree, and Joe wanted to see it happen. He watched the process with great interest as Ken and his helpers did their work, applauding when the tree at last fell. Afterwards he said, " This was the most exciting thing he had ever seen at UUFSD!"

Caroline Demar

My brother, Art Stoddard, was a Human Resources Specialist at General Atomic back in the 60's. He told me how proud/happy he was to have hired Ken. Ken continued to work at GA for the rest of his career (as did my brother). I believe that Art may have introduced Ken and Mary Lou to UUFSD. And how lucky we were to have them! Art told be about Ken's valuable and persistent caring for our grounds and buildings - incredibly generous - not sure how many years, but it has to have been at least 50! A quiet, modest sort of guy, a super nice person all around, who just persevered though those years at UUFSD and got things done! How grateful we are for his contributions to UUFSD. (And I can't forget to mention my admiration for Ken and Mary Lou bicycling all the way from Leucadia to UUFSD services, staying healthy and strong while remarkably doing their share of saving our environment from noxious fumes! Wow!)

John Drummond

I wear Hawaiian shirts and when Ken would see me in one, he'd give me a big smile and point to his Reyn Spooner. I have a loved one with dementia, Ken knew that and would always ask how we were. Ken was a nice man and I'm so glad I knew him.

Michael Scott

Those of us on the Building and Grounds crew had the pleasure of working with Ken for many years. We were inspired by his cheerful good humor, his problem-solving ability, his "we can do it" confidence in the group, and the apple fritters that he brought to every work party. Under Ken's leadership, we fixed what was broken, slowed down the natural inclination of our sandy hill to flow to the sea, improved the beauty and safety of the campus, and enjoyed each other's company. Ken and I shared scientific backgrounds, a knowledge that no fix was forever and that entropy always wins, and an enduring love of Hawaiian shirts (particularly Reyn Spooners). He was, what we call in Yiddish, a "mensch," a man with wisdom and "street smarts," and kindness and generosity. He will be remembered and he will be missed.

Darren and Erilynn

One of our earliest memories of Ken was him bringing apple fritters from Leucadia Donuts to our very first Buildings and Grounds work party- what a way to get us hooked! His steadfast and unassuming warmth helped those work parties become a place we looked forward to as a chance for connection with others and with the grounds. He was always so patient, as he taught us about some of the history of our beautiful fellowship space, and always had a nugget of wisdom to share about how best to care for the plants and buildings. His kindness and generosity will always be remembered, and we are grateful to have known him.

Remembrances

Mark Tuller

Ken was a good fella. We were in a small men's group together for many years. I got to spend time with Ken driving to and from our meetings when he could no longer drive. He offered me citrus from his trees in return.

Our men's group gave us the opportunity to see Ken's essential character. The group used our meetings as support, and discussion, and as an opportunity to recall highlights such as family voyages. Ken recounted to us the importance of their family cottage up in the mountains, a retreat he and Mary Lou often visited. During Covid, the only place we felt was safe for our meetings was Ken's gorgeous back yard, which gave us an opportunity not only to sample the wide variety of beers he laid out for us, but also to get a peek at his supportive and loving family life.

As his health declined, and, yes, some of his mental acuity slipped away, Ken's character remained strong. He never lost his dignity. He never stopped being kind, considerate, and caring. That says a lot about who he was, and I am proud to have been his friend. Perhaps it's a bit sentimental, but our group has kept an open chair for Ken at our meetings. His passing left a hole in our group, and of course also with his family, his friends, and a big hole in this Fellowship. The world is less well off than it was. As I said, he was a good fella.

Irving Himelblau

It's Sunday morning; it's the middle of winter; I'm greeting; **I'm cold.** Up walks Ken and Mary Lou. I always thought that Ken was born and raised in Hawaii, because he would walk up, in a short sleeve Hawaiian shirt and shorts. It must say something about his warm heart and warm soul. I knew Ken to be a gentle, soft spoken person.

He was always ready to help fix minor and major things that happened on our campus. Just mention the problem and he would find a way to fix it. And, it seemed that he lived on the UUFSD campus. There were so many occasions that we would show up for a meeting and there would be Ken, tools in hand; Mr. Fix-it. I miss our Mr. Fix-it.

