

Unitarian Universalist congregations affirm and promote eight Principles, which we hold as strong values and moral guides.

We live out these Principles within a “living tradition” of wisdom and spirituality, drawn from sources as diverse as science, poetry, scripture, and personal experience.

- 1) The inherent worth and dignity of every person;
- 2) Justice, equity and compassion in human relations;
- 3) Acceptance of one another and encouragement to spiritual growth in our congregations;
- 4) A free and responsible search for truth and meaning;
- 5) The right of conscience and the use of the democratic process within our congregations and in society at large;
- 6) The goal of world community with peace, liberty, and justice for all;
- 7) Respect for the interdependent web of all existence of which we are a part;
- 8) Journeying toward spiritual wholeness by working to build a diverse and multicultural Beloved Community by our actions that accountably dismantle racism and other oppressions in ourselves and our institutions.

Contacting Our Minister, Rev. Ellie Kilpatrick:

Email: RevEllie@uufsd.org

Rev. Ellie will be on vacation and then study leave from June 14 – August 7. She will return to the office on Thursday, August 8th, and be back in the pulpit on Sunday, August 11th.

1036 Solana Drive, PO Box 201, Solana Beach, CA 92075

Office: call 858-755-9225 or email office@uufsd.org

Website: <https://uufsd.org/>

Unitarian Universalist Fellowship of San Dieguito

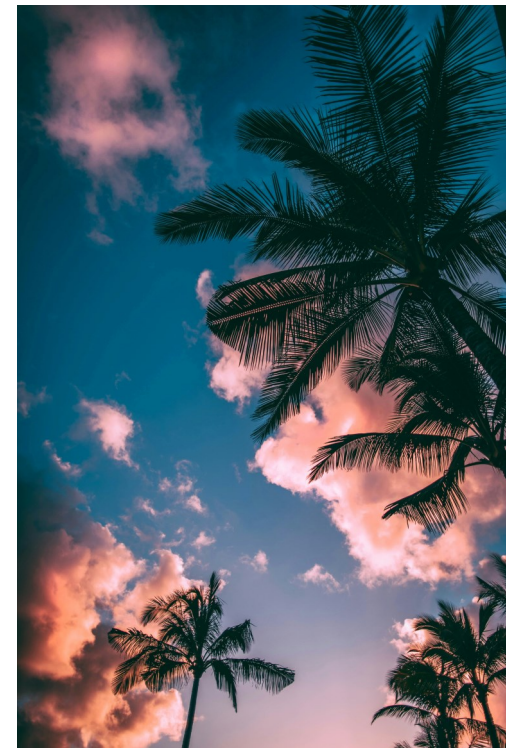
Service at 10:00 am

Watch this Sunday's Sermon via Zoom

<https://uufsd.org/zoom>

Meeting ID: 952 2706 0986

Passcode: 618961



Sunday, July 14, 2024

"Summer Sabbath Keeping"

Prelude *Katie Klaerich*

Gathering Hymn #188 “Come, Come, Whoever You Are”

Come, come whoever you are, wanderer,
worshiper, lover of leaving. Ours is no caravan
of despair. Come, yet again come.

Welcome and Greet Your Neighbors *Mary Anne Trause*

Announcements

Land Acknowledgement

Welcoming Hymn #38: “Morning Has Broken”

Call to Worship & Chalice Lighting *Mary Anne Trause*

Centering Hymn and Covenant

#123 “Spirit of Life” / #31 “Fuente de Amor”

Words and music by Carolyn McDade, Spanish lyrics by Ervin Barrios

Spirit of Life, come unto me.
Sing in my heart all the stirrings of compassion.
Blow in the wind, rise in the sea;
Move in the hand, giving life the shape of justice.
Roots hold me close; wings set me free;
Spirit of Life, come to me, come to me.

Fuente de Amor, ven hacia mí.
Y al corazón, cántale tu compasión.
Sopla al volar, sube en el mar,
Hasta moldear la justicia de la vida.
Arráigame, libérame,
Fuente de Amor, ven a mí, ven a mí.

Fellowship Covenant

“May love be the spirit of this congregation;
May the quest for truth be its sacrament.
And service be its prayer;
To dwell together in peace,
To seek knowledge in freedom,
And to help one another in fellowship.
This is our Covenant.”

Joys and Sorrows *Mary Anne Trause*

Intergenerational Sharing: “Jamberry” *Rose Littler-Riedel*
by Bruce Degan

Children’s Recessional Hymn #414 (Sing 2x as children leave service)
“As we leave this friendly place, love gives light to every face;
may the kindness which we learn, light our hearts till we return.”

Reading: “The Summer Day” *Rev. Lissa Gundlach*
by Mary Oliver

Offering *Mary Anne Trause*

Meditation Chant (sung 2x)

“When I breathe in, I breathe in peace.
When I breathe out, I breathe out love.”

Reading: “Excerpt From The Sabbath” *Rev. Lissa Gundlach*
by Rabbi Abraham Heschel

Sermon: Summer Sabbath Keeping *Rev. Lissa Gundlach*

Closing Hymn #16: “Tis a Gift to Be Simple”

Extinguishing the Chalice *Mary Anne Trause*

“We extinguish this flame
but not the light of truth,
the warmth of community,
or the fire of commitment.
These we carry in our hearts
until we are together again.”

Benediction *Rev. Lissa Gundlach*

Postlude *Katie Klaerich*

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<i>Minister</i>	<i>Rev. Ellie Kilpatrick</i>
<i>Worship Associate</i>	<i>Mary Anne Trause</i>
<i>Director of Religious Exploration & Fellowship</i>	<i>Rose Littler-Riedel</i>
<i>Music Director</i>	<i>Steve Milloy</i>
<i>Pianist</i>	<i>Katie Klaerich</i>
<i>Audio Visual Technician</i>	<i>Joe Cantrell</i>
<i>Setup Coordinator</i>	<i>Byrht Renfrow</i>
<i>Ushers</i>	<i>Norma Showalter & Greg Trigiero</i>

Welcome visitors! We are delighted you are here.
Immediately following the service, we invite everyone to join
on the central patio to enjoy refreshments and conversation,
meet new friends, and gather in fellowship.

 UUFSD is a welcoming congregation.

