Unitarian Universalist congregations affirm and promote eight Principles, which we hold as strong values and moral guides.

We live out these Principles within a "living tradition" of wisdom and spirituality, drawn from sources as diverse as science, poetry, scripture, and personal experience.

1) The inherent worth and dignity of every person;

2) Justice, equity and compassion in human relations;

3) Acceptance of one another and encouragement to spiritual growth in our congregations;

4) A free and responsible search for truth and meaning;

5) The right of conscience and the use of the democratic process within our congregations and in society at large;

6) The goal of world community with peace, liberty, and justice for all;

7) Respect for the interdependent web of all existence of which we are a part;

8) Journeying toward spiritual wholeness by working to build a diverse and multicultural Beloved Community by our actions that accountably dismantle racism and other oppressions in ourselves and our institutions.

> **Contacting Our Minister, Rev. Ellie Kilpatrick:** Email: <u>RevEllie@uufsd.org</u> To make an appointment: <u>calendly.com/revellie</u>

1036 Solana Drive, PO Box 201, Solana Beach, CA 92075 Office: call 858-755-9225 or email <u>office@uufsd.org</u> Website: <u>https://uufsd.org/</u>

# Unitarian Universalist Fellowship of San Dieguito

Service at 10:00 am

Watch this Sunday's Sermon via Zoom

https://uufsd.org/zoom

Meeting ID: 952 2706 0986 Passcode: 618961



Sunday, April 14, 2024 "Good Grief: Why Grieving All Things Large and Small Matters "

#### Prelude

Katie Klaerich

Gathering Hymn #188	"Come, Come,	, Whoever	You Are
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Come, come whoever you are, wanderer, worshiper, lover of leaving. Ours is no caravan of despair. Come, yet again come.

#### Welcome and Greet Your Neighbors

Announcements

Welcoming Hymn #1002 "Comfort Me"

Call to Worship Land Acknowledgement Rev. Ellie Kilpatrick Livia Walsh

## **Chalice Lighting**

### **Centering Hymn and Covenant**

## #123 "Spirit of Life" / #31 "Fuente de Amor"

Words and music by Carolyn McDade, Spanish lyrics by Ervin Barrios

Spirit of Life, come unto me.1 Sing in my heart all the stirrings of compassion. Blow in the wind, rise in the sea; Move in the hand, giving life the shape of justice. Roots hold me close; wings set me free; Spirit of Life, come to me, come to me.

Fuente de Amor, ven hacia mí. Y al corazón, cántale tu compasión. Sopla al volar, sube en el mar, Hasta moldear la justicia de la vida. Arráigame, libérame, Fuente de Amor, ven a mí, ven a mí.

#### **Fellowship Covenant**

"May love be the spirit of this congregation; May the quest for truth be its sacrament. And service be its prayer; To dwell together in peace, To seek knowledge in freedom, And to help one another in fellowship. This is our Covenant."

## Joys and Sorrows

## **Pastoral Prayer**

Intergenerational Sharing Rev. Ellie Kilpatrick "Grief is an Elephant" by Tamara Ellis Smith & Nancy Whitesides

<b>Children's Recessional Hymn #414</b> (Sing 2x as children le "As we leave this friendly place, love gives light t may the kindness which we learn, light our hear	o every face;
Offering	
Meditation Chant (sung 2x)	
"When I breathe in, I breathe in peace. When I breathe out, I breathe out love."	
Reading: "Blessing" by John O'Donohue	Livia Walsh
Sermon: "Good Grief: Why Grieving All Things Large and Small M	Rev. Ellie Kilpatrick atters"
Closing Hymn #1015 "I Know I Can"	
Extinguishing the Chalice	
"We extinguish this flame but not the light of truth, the warmth of community, or the fire of commitment. These we carry in our hearts until we are together again."	
Benediction	
Postlude	Katie Klaerich
∞	

Minister	Rev. Ellie Kilpatrick
Worship Associate	Livia Walsh
Director of Religious Exploration & Fello	wship Rose Littler-Riedel
Music Director	Steve Milloy
Pianist	Katie Klaerich
Audio Visual Technician	Joe Cantrell
Setup Coordinator	Byrht Renfrow
Ushers	Lisa Shaffer & Norma Showalter

Welcome visitors! We are delighted you are here. Immediately following the service, we invite everyone to join on the central patio to enjoy refreshments and conversation, meet new friends, and

gather in fellowship.



