

Unitarian Universalist Fellowship of San Dieguito (UUFSD)



Inspired by our UU principles, we are a vibrant, intentionally diverse congregation that models and promotes both locally and globally: love, spiritual growth, service, right relations, and sustainable living.

Welcome To the UUFSD



Rev. Ellie Kilpatrick

work, or simply enjoying worship on Sunday mornings, all of our ministries are bound together by the warmth of community building both on campus and out in the wider community. As the minister of UUFSD, I am available for pastoral conversations, or even if you just want to get to know us better! Please don't hesitate to email me at revellie@uufsd.org or set up an appointment on my calendly at <https://calendly.com/revellie>.

I'm so glad that you visited our community! Whether it's your first time with us or your 100th you are welcome and beloved here!

Blessings and Gratitude,
Rev. Ellie Kilpatrick (she/her)



Rose Littler-Riedel
Director of Religious
Exploration and
Fellowship

Rose Littler Riedel serves as our Director of Religious Exploration and Fellowship. Rose works directly with Rev. Ellie, and a fabulous team of lay leaders and volunteers to create engaging Religious Exploration programming for children, youth, and adults.

Children and youth meet weekly on Sunday mornings, during the worship service. A young adult group is currently in planning stages. Adults of all ages can meet with Rose for small group spiritual formation or vespers services.

Rose also helps the congregation explore ways to be together in fellowship. These fellowship opportunities that help our community build strong bonds include potlucks, movie nights, field trips and more! You may contact Rose at: rose@uufsd.org



Who We Are



Instead of a belief in one creed, Unitarian Universalists support a “free and responsible search for truth and meaning”. We covenant to uphold our shared values in our eight principles and unite in expressions of love in our:

Worship Services
Religious Education
Fellowship
Pastoral Care
Social Justice Work



WORSHIP

We meet Sundays at 10:00 am on campus and on Zoom, with Religious Education classes for our children. Weather permitting, we meet in our beautiful outdoor amphitheater. During inclement weather, we meet in Founders Hall. We hope you'll join us at our Gathering Hour after each service for refreshments and conversation.

In addition to Sunday services, our fellowship offers a broad range of programs: lifelong religious education, social justice and climate action, meditation and book groups and a wide variety of volunteer activities.

We welcome you: your whole self, with all your truths and doubts, your worries and hopes. Join us on this extraordinary adventure of faith.

UUFSD Congregational Covenant

*May love be the spirit of this congregation;
May the quest for truth be its sacrament;
And service be its prayer;
To dwell together in peace,
To seek knowledge in freedom,
And to help one another in fellowship.
This is our covenant.*



Our Eight Principles



Unitarian Universalist congregations affirm and promote eight Principles, which we hold as strong values and moral guides.

We live out these Principles within a “living tradition” of wisdom and spirituality, drawn from sources as diverse as science, poetry, scripture, and personal experience.

- 1) The inherent worth and dignity of every person;
- 2) Justice, equity and compassion in human relations;
- 3) Acceptance of one another and encouragement to spiritual growth in our congregations;
- 4) A free and responsible search for truth and meaning;
- 5) The right of conscience and the use of the democratic process within our congregations and in society at large;
- 6) The goal of world community with peace, liberty, and justice for all;
- 7) Respect for the interdependent web of all existence of which we are a part;
- 8) Journeying toward spiritual wholeness by working to build a diverse and multicultural Beloved Community by our actions that accountably dismantle racism and other oppressions in ourselves and our institutions.

SOCIAL JUSTICE

HELPING OUR NEIGHBORS

Helping Our Neighbors incorporates several justice programs. Information at: helpingourneighbors@uufsd.org.

Homelessness: includes toiletry distributions at the Encinitas CRC and monthly Fill-A-Belly dinners and participating in the annual homeless San Diegoito shelter program. Information at: homelessness@uufsd.org

Backpack Project: Provides backpacks and school supplies for disadvantaged youth. Information at: backpacks@uufsd.org

Immigration reform: includes helping an immigrant family seeking asylum. Information at: holidaytree@uufsd.org

Food Insecurity: includes a yearly food drive for the Encinitas Community Resource Center, supplying snacks and supplies to Colonia de Eden Gardens pre-school and participation in the annual CRC Holiday Basket Program. Information at: foodinsecurity@uufsd.org & holidaybaskets@uufsd.org

Winter Homeless Shelter: As part of the Interfaith Overnight Shelter network, we work with St. James Catholic Church each year to provide shelter, meals and overnight hosts for individuals without homes for a two week period. Information at: shelter@uufsd.org



CLIMATE ACTION TASK FORCE



Climate Action is a task force of the Social Justice Action Committee. It facilitates consciousness-raising about climate change and green initiatives at UUFSD and actions in the community. There are 5 areas of particular interest:

- *water conservation
- *energy production & use
- *environmentally responsible investing
- *transportation & urban planning
- *food & waste

Information at: climateactioncoord@uufsd.org

CASAS DE LUZ



Our mission is to transform individuals, families, and communities on both sides of the San Diego/ Tijuana border and create long lasting, self-sustaining change through youth empowerment, cross cultural relationships, leadership development, home and community development, and environmental sustainability.

Projects include

- home and community center builds in Tijuana
- small cottage builds for homeless residents

Information at: casasdeluz@uufsd.org

SOCIAL JUSTICE

MENTAL HEALTH



We support efforts to end the stigma associated with mental illness. We partner with regional organizations to bring awareness, education and opportunities to share coping and caring strategies. Information at: MentalHealth@uufsd.org

UU THE VOTE



Directly or indirectly, the issues so many of us care most deeply about—climate change, LGBTQ rights, immigration, racial justice and more—are part of every election and on every ballot. UUs are called to join forces with all people who want to organize our communities and our nation to defend democracy and voting rights. UU the Vote encourages letter and post card writing to registered voters to encourage them to cast their votes. Information at: vote@uufsd.org

GENEROSITY SUNDAYS



One way that our congregation participates in outreach and social justice work is to designate at least four Sundays as Generosity Sundays. We donate the proceeds of the offering to an agency, organization or project which serves the causes of our program areas of social justice. Information at: generosity@uufsd.org

PARTNER ORGANIZATIONS

Gun Violence Prevention:

San Diegans for Gun Violence Prevention: <https://sd4gvp.org>

Racial Justice:

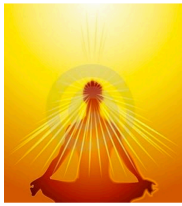
Showing Up for Racial Justice, North County San Diego: surjncsd@gmail.com

LGBTQIA Rights:

First UU Church of San Diego Rainbow Action: lmtitlew@gmail.com

LGBTQIA Rights:

North County LGBTQ Resource Center: info@ncresourcecenter.org



SPIRITUAL GROWTH



Earth Centered Spiritual Group

Meetings on 3rd Mondays, 2:30 - 4:00pm

Informal discussion group, reading on a wide range of subjects including the meeting of science and spirituality, mythology, indigenous wisdom, and nature writing. Information at: earthcentered@uufsd.org



Buddhist Meditation

Fridays, 10 am, Founders Hall

Meditation, reading and discussion

Information at: buddhistgroup@uufsd.org



Buddhist Sangha

Thursdays, 6:30-7:30 pm via zoom

Guided meditation, instruction and discussion

Information at: buddhistsangha@uufsd.org



Owning Your Religious Past

Cohorts meet for five sessions via Zoom

Information at: rose@uufsd.org



Sacred Texts Discussion Group

Third Saturdays, 11 am, Founders Hall and zoom

We seek to understand our UU principles and sources better, and continue the discussion about how we live those values in our lives.

Information at: sacredtexts@uufsd.org



Sacred Circles

We come together in small groups, to delve into thought provoking and UU related topics October through May each year. We share our challenges in implementing what we have learned into our everyday lives. Dates and locations vary by groups. Information at: sacredcircles@uufsd.org



Vespers and Conversation

Third Thursday of each Month at 5:00pm

Information at: rose@uufsd.org



Religious Education

Our Mission

The mission of our Religious Education Program at UUFSD is to provide:

- A community where children feel love, acceptance and belonging;
- A religious and moral foundation for honoring life's joys and tragedies;
- A knowledge of Unitarian Universalism and exploration of other religions;
- A recognition of our social justice responsibility to the greater world community and our planet;
- Opportunities and resources for personal and spiritual growth.

Our Program

We provide children an opportunity to explore, reflect, and learn in a nurturing spiritual community. Children's religious education programs are typically offered on Sunday mornings, and families are also invited to participate in all-ages events like Art Club sessions, singalongs and Family Game Nights at the Fellowship.

Each person is important

Be kind in all you do

Learn to work together

Search for what is true

ALL PEOPLE NEED A VOICE

Build a fair & peaceful world

Respect the earth, our home

DISMANTLE RACISM & OTHER OPPRESSIONS

Volunteers Welcome!

To assist in teaching or childcare contact

Rose Littler-Riedel at: rose@uufsd.org

Get Involved!

Make friends, join the
community of friends.

Those who bring
sunshine to the
lives of others
cannot keep
it from
themselves.

~ J.M. Barrie



Hello!
My Name Is

GREETER

Be that first sunny
face attendees see

To learn more, contact:
membership@uufsd.org



USHER

Hand out hymnals, collect weekly
offering, run microphones,
To learn more, contact:

Ushers@uufsd.org



HOSPITALITY

Baked goods, fruit welcome
To learn more, contact:

kitchen@uufsd.org



KITCHEN ELF

Help out before or after
service

To learn more, contact:
kitchen@uufsd.org



BOOKSTORE SELLER

During social hour

To learn more, contact:
library@uufsd.org



RELIGIOUS ED

Teacher, assistant
childcare. To learn more,
contact Rose Littler-Riedel at
rose@uufsd.org



PASTORAL CARE

Offer compassionate support to
members and friends in times of
need. Through compassionate
listening and crisis support. Contact:
Rev Ellie at revellie@uufsd.org



BUILDING & GROUNDS

Join our Building and Grounds
crew as they continue to care and
beautify our campus. To learn
more contact: [building](mailto:building@uufsd.org) and
grounds@uufsd.org

"If you think you are too small to be effective, you have never been in bed with a mosquito."

– Betty Reese



FELLOWSHIP



All-Ages Art Club

1st Sundays, 12pm

Information at: artclub@uufsd.org



All-Ages Pizza/Game Night

4th Mondays, Times vary

Information at: gamenight@uufsd.org



Book Club

2nd Mondays, 6:30 pm, Founders Hall

Information at: bookclub@uufsd.org



Camp de Benneville in San Bernardino National Forest Year-round UU Camps (kids, adults, themed, all ages)

Information at: uucamp.org



All-Ages Campouts (local mountains)

4th of July and Labor Day

Information at: OutdoorAdventures@uufsd.org



Campus Events

Auction, Flamingo Swap, Concerts, etc.

Dates vary, check newsletter and website (uufsd.org)



Choir - All welcome, no experience required!

Rehearsals on Thursdays at 7 pm in Founders Hall

Sing on Sundays and at other events

To learn more, contact Steve Milloy: Steve@uufsd.org



Circle Dinners

Dates vary

Information at: circledinners@uufsd.org



FELLOWSHIP



Bit o' Fun/Improv

1st & 3rd Mondays, 5:30 pm

Information at: improv@uufsd.oerg



Garden Club

Meeting dates vary

Information at: gardenclub@uufsd.org



Men's Club

2nd & 4th Fridays at 12 pm, usually in Core Area

Information at: mensgroup@uufsd.org



Potlucks and Holiday Celebrations

Times vary, check Newsletter, website (uufsd.org)



TV Talks

Second and Forth Thursday of each Month at 5:00pm

Information at: rose@uufsd.org



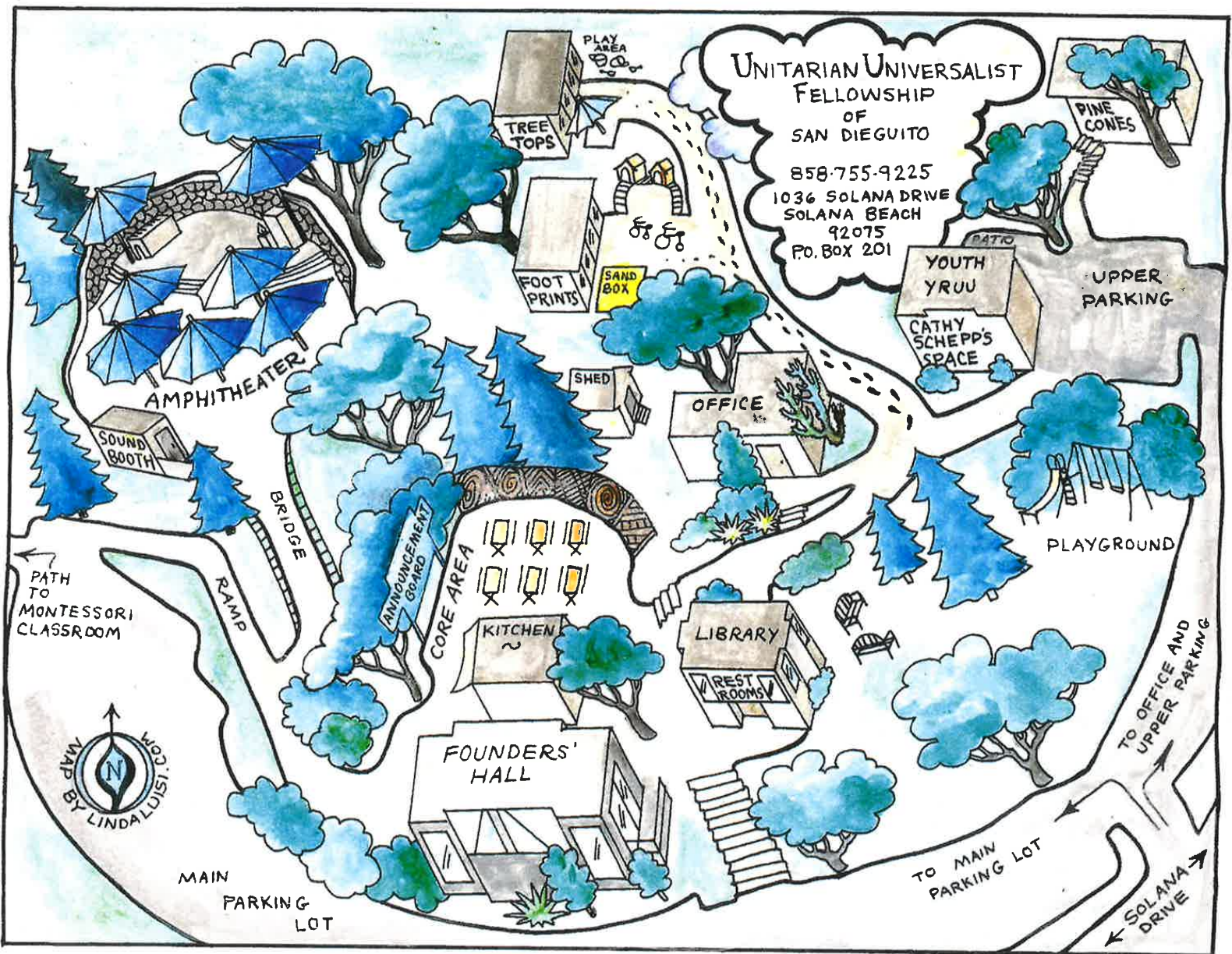
Women of the World/Women's Group

2nd & 4th Wednesdays at 12 pm

Information at: womensgroup@uufsd.org



OUR CAMPUS



IN THIS CONGREGATION, WE BELIEVE:

LOVE IS LOVE

BLACK LIVES MATTER

CLIMATE CHANGE IS REAL

NO HUMAN BEING IS ILLEGAL

ALL GENDERS ARE WHOLE, HOLY, & GOOD

WOMEN HAVE AGENCY OVER THEIR BODIES

 UUA.ORG/IMAGES