

Unitarian Universalist congregations affirm and promote eight Principles, which we hold as strong values and moral guides.

We live out these Principles within a “living tradition” of wisdom and spirituality, drawn from sources as diverse as science, poetry, scripture, and personal experience.

- 1) The inherent worth and dignity of every person;
- 2) Justice, equity and compassion in human relations;
- 3) Acceptance of one another and encouragement to spiritual growth in our congregations;
- 4) A free and responsible search for truth and meaning;
- 5) The right of conscience and the use of the democratic process within our congregations and in society at large;
- 6) The goal of world community with peace, liberty, and justice for all;
- 7) Respect for the interdependent web of all existence of which we are a part;
- 8) Journeying toward spiritual wholeness by working to build a diverse and multicultural Beloved Community by our actions that accountably dismantle racism and other oppressions in ourselves and our institutions.

Contacting Our Minister, Rev. Ellie Kilpatrick:

Email: RevEllie@uufsd.org

To make an appointment: calendly.com/revellie

1036 Solana Drive, PO Box 201, Solana Beach, CA 92075

Office: call 858-755-9225 or email office@uufsd.org

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Unitarian Universalist Fellowship of San Dieguito

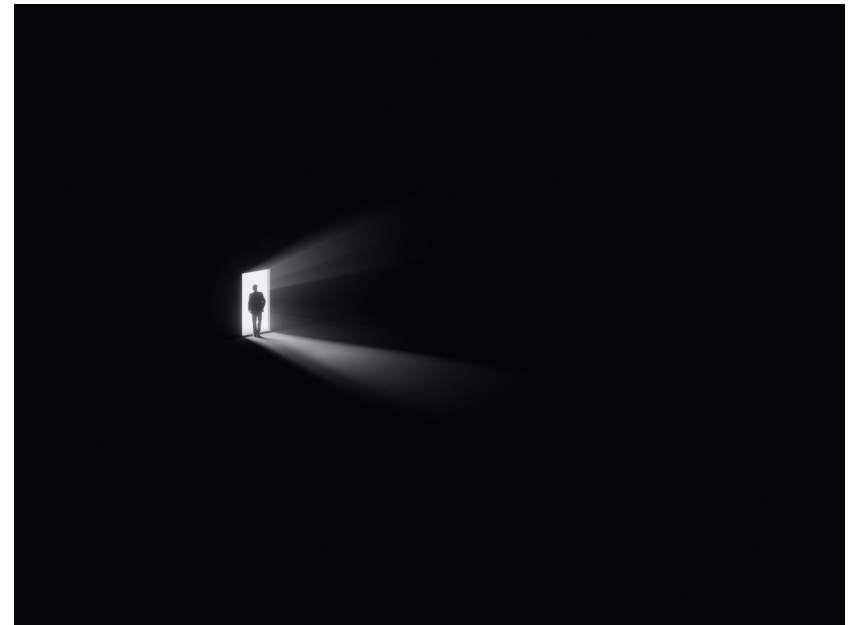
Service at 10:00 am

Watch this Sunday’s Sermon via Zoom

<https://uufsd.org/zoom>

Meeting ID: 952 2706 0986

Passcode: 618961



Sunday, October 22, 2023

“Releasing the Barriers to Our Hearts”

Prelude *Katie Klaerich*

Gathering Hymn #188 “Come, Come, Whoever You Are”

Come, come whoever you are, wanderer,
worshiper, lover of leaving. Ours is no caravan
of despair. Come, yet again come.

Welcome, Greeting and Announcements *Mark Tuller*

Welcoming Hymn #95 “There Is More Love Somewhere”

Call to Worship *Rev. Ellie Kilpatrick*

Land Acknowledgement *Mark Tuller*

Chalice Lighting *Rev. Ellie Kilpatrick*

Centering Hymn and Covenant

#123 “Spirit of Life” / #31 “Fuente de Amor”

Words and music by Carolyn McDade, Spanish lyrics by Ervin Barrios

Spirit of Life, come unto me.
Sing in my heart all the stirrings of compassion.
Blow in the wind, rise in the sea;
Move in the hand, giving life the shape of justice.
Roots hold me close; wings set me free;
Spirit of Life, come to me, come to me.

Fuente de Amor, ven hacia mí.
Y al corazón, cántale tu compasión.
Sopla al volar, sube en el mar,
Hasta moldear la justicia de la vida.
Arrágame, libérame,
Fuente de Amor, ven a mí, ven a mí.

Fellowship Covenant

“May love be the spirit of this congregation;
May the quest for truth be its sacrament.
And service be its prayer;
To dwell together in peace,
To seek knowledge in freedom,
And to help one another in fellowship.
This is our Covenant.”

Joys and Sorrows

Pastoral Prayer

Intergenerational Sharing *Rev. Ellie Kilpatrick*

"What Do You Do With a Chance?"
by Kobi Yamada & Mae Besom

Children’s Recessional Hymn #414 (Sing 2x as children leave service)
“As we leave this friendly place, love gives light to every face;
may the kindness which we learn, light our hearts till we return.”

Offering *Mark Tuller*

Special Music “All You Need Is Love” *UUFSD Choir*
By John Lennon & Paul McCartney, arr. by Alan Billingsley

Meditation, Reflection, Prayer *Mark Tuller*
Meditation Chant (sung 2x)

“When I breathe in, I breathe in peace.
When I breathe out, I breathe out love.”

Reading From the website of the UU Church of the North Hills, *Mark Tuller*
Pittsburgh, PA

Sermon “Releasing the Barriers to Our Hearts” *Rev. Ellie Kilpatrick*

Closing Hymn #298 “Wake, Now, My Senses”

Extinguishing the Chalice

“We extinguish this flame
but not the light of truth,
the warmth of community,
or the fire of commitment.
These we carry in our hearts
until we are together again.”

Benediction

Postlude *Katie Klaerich*

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Minister *Rev. Ellie Kilpatrick*
Worship Associate *Mark Tuller*
Music Director *Steve Milloy*
Pianist *Katie Klaerich*
Audio Visual Technician *Joe Cantrell*
Setup Coordinator *Byrht Renfrow*
Ushers *Ted Foster & Linda Luisi*

Welcome visitors! We are delighted you are here. Immediately following the service, we invite everyone to join on the central patio to enjoy refreshments and conversation, meet new friends, and gather in fellowship.

 UUFSD is a welcoming congregation.