1st Sunday Art Club TODAY, Noon—2:00pm, Founder's Hall

Let's have fun working on our projects while we hold space for others to work on theirs. What would you like to do? Coloring books, knitting, jewelry, drawing, and more. All ages welcome. Try it on the first Sunday of each month.

Contact alicebrzovic@gmail.com.

2nd Monday Book Club Monday, May 8, 2023, 6:30 – 8:15pm, Palmer Library

Seen as scandalous when published in 1919, the classic fiction, "Winesburg, Ohio" by Sherwood Anderson is 22 connected short stories about small town life in the 1890s. Discussion -- with laughs -- will be Monday, May 8th at 6:30pm here at UUFSD. All are free to join us. Send questions to bookclub@uufsd.org or call/text Cathy Leach-Phillips at 650-224-1974.

Circle Dinner - and a Lunch! Saturday, May 20, 2023

Signups for the May 20 Circle Dinners will begin TODAY after the service. This month, we are trying a Saturday lunch! So far, we have just one dinner and one lunch in the works. I'd love to add at least one or two more dinners (on either Saturday, May 20 or Sunday, May 21) to the mix. If you can host a dinner in May, or if you have questions, please contact Nancy Hebert at nancy.e.hebert@gmail.com.

SoulCollage Workshop Saturday, May 20, 2023, 1:00 - 3:00pm, Founder's Hall

SoulCollage is an engaging process of using your imagination and your intuition to create collages that help you explore your soul, your shadow, and your unborn gifts. You do not need to be an "artist." All you need to be able to do is find and cut out images and glue them on a card. It is both a solitary process and a collaborative one. It's easy and it's fun. All materials will be provided. Just come with your curiosity and willingness to try the SoulCollage experience! **Please sign up by May 10** by contacting Lea Abrams at leacarlaabrams@gmail.com.

UUFSD at the Solana Beach Fiesta del Sol Saturday, May 20, 2023, 9:00am - 10:00pm & Sunday, May 21, 9:00am - 8:00pm

Great news! UUFSD will staff our first booth ever at the annual Solana Beach Fiesta del Sol celebration on May 20 and 21, and it should be fun. 100K folks from all over San Diego County visit the Fiesta each year, and we're looking forward to giving booth visitors a chance to learn about UUFSD and what we offer. We'll also offer crafts to the young people of all ages. Join in the fun as a volunteer! contact Liora Kian-Gutierrez at liorauufsd@gmail.com. And visit our table in the Core Area after the service TODAY or May 14, or contact Andi MacLeod at andi.macleod@gmail.com.

Treat Yourself! Items Needed for UUFSD 2023 Auction

Please start thinking about what you want to donate to our **2023 Auction on May 21**. There will be a table in the Core Area following the service with lots of good ideas for what you might want to donate. Donation forms will be available, but you can directly enter your donations by going to: https://uufsd.org/auction. If you would like to donate the same thing you donated in 2022, just email Betsy Gilpin at betsygilpin01@gmail.com

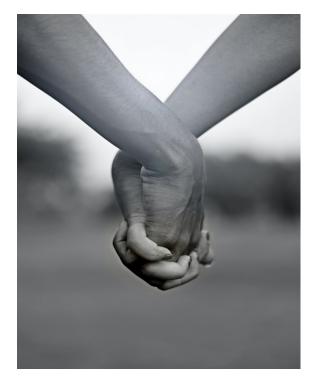
Unitarian Universalist Fellowship of San Dieguito Service at 10:00am

Watch This Sunday's Sermon Via Zoom

https://uufsd.org/zoom

Meeting ID: 952 2706 0986 Passcode: 618961

Everyone in attendance aged 5 years or older is required to be fully vaccinated against Covid19



Sunday, May 7, 2023 You Are Not Alone

Prelude Katie Klaerich

Welcome, Greeting and Announcements

Wenda Alverez

Gathering Hymn #1012 "When I Am Frightened"

Call to Worship

Rev. Ellie Kilpatrick

Land Acknowledgement

Chalice Lighting

Centering Hymn and Covenant

#31 "Fuente de Amor" /#123 "Spirit of Life"

Words and music by Carolyn McDade, Spanish lyrics by Ervin Barrios

Fuente de Amor, ven hacia mí.

Y al corazón, cántale tu compasión.

Sopla al volar, sube en el mar,

Hasta moldear la justicia de la vida.

Arráigame, libérame,

Fuente de Amor, ven a mí, ven a mí.

Spirit of Life, come unto me.

Sing in my heart all the stirrings of compassion.

Blow in the wind, rise in the sea;

Move in the hand, giving life the shape of justice.

Roots hold me close; wings set me free;

Spirit of Life, come to me, come to me.

Fellowship Covenant

"May love be the spirit of this congregation;

May the quest for truth be its sacrament.

And service be its prayer;

To dwell together in peace,

To seek knowledge in freedom,

And to help one another in fellowship.

This is our Covenant."

Intergenerational Sharing "Virginia Wolf"

By Kyo Maclear, Isabelle Arsenault, Illustrator

Pastoral Prayer

Reflection

Music: "You Walk With Me" Words and music by David Yazbek *Rev. Ellie Kilpatrick, Steve Milloy*

Generosity Sunday Offering benefitting NAMI San Diego*

Homilies "You Are Not Alone"

Rev. Ellie Kilpatrick, Wenda Alverez

Honor Ribbon Sharing: You are not alone.

During the time of sharing, we will sing

Hymn #1053 "How Could Anyone"

Music: "Bridge Over Troubled Water"

By Paul Simon, arr. by Kirby Shaw

UUFSD Choir

Closing Hymn #1015 "I Know I Can"

Words by Dennis Hamilton and music by Jeannie Gagné

Extinguishing the Chalice

"We extinguish this flame but not the light of truth, the warmth of community, or the fire of commitment. These we carry in our hearts until we are together again."

Closing Words

Postlude "Here Comes the Sun" by George Harrison

Katie Klaerich

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MinisterRev. Ellie KilpatrickWorship AssociateWenda AlverezMusic DirectorSteve MilloyPianistKatie KlaerichAudio Visual TechnicianJoe CantrellSetup CoordinatorGuthry HahmUshersLisa Shaffer & Norma Showalter

Immediately following the service, please join us in the Core Area to enjoy conversation, meet new friends, and gather in Fellowship.

*Mental Health Resources: Stop by the NAMI San Diego table on the patio today.



UUFSD is a welcoming congregation.