

### UUFSD Office Closed

The office will be closed on Monday, July 4th for the Holiday.  
Phone calls and emails will be returned on Tuesday, July 5th.

### July 4 Celebration Patriotic Cook Out 6:00 - 9:00 pm in the Core Area

The Pink Flamingo is home. She and the Fun and Fellowship Committee are inviting everyone to a Patriotic Cook Out and to watch the fireworks on July 4th at the Fellowship Core area honoring our country's founding. We have choices, we can speak our truth, we can rise together, we can value work, strangers are welcome, and our founders were brilliant.

Grilling time will be 6:00 P.M. You may want to stay later until 9:00 PM to watch the Fireworks from the hill.

To sign up please email [lovenlou@gmail.com](mailto:lovenlou@gmail.com) or phone Louise at 619-672-2084

### Nature Mandala Art Workshop Sunday, July 10th, Noon to 1:30pm in Founders Hall

Take time and nurture yourself!  
Render with detail or be whimsically abstract.

A lifetime artist and instructor, Linda provides guidance with drawing, depth & dimension, highlights & shading. Drawing/pastel supplies included (or bring your own favorite media).

100% of proceeds go to the Fellowship.  
Suggested donation: \$25 per adult (\$10 per child accompanied by an adult)  
Must RSVP to Linda at [linda@lindaluisi.com](mailto:linda@lindaluisi.com)

### 2nd Monday Book Club July 11th, 6:30-8:15pm in Founders Hall

On July 11th, we will be discussing a memoir by Poet Laureate Joy Harjo: *Crazy Brave* (2012). If you read her poetry, bring your favorite poem to share. Harjo's tale of a hardscrabble youth, young adulthood, and transformation into an award-winning poet and musician is haunting, unique, and visionary.

Book Club meets the 2nd Monday of every month at 6:30pm in the evening at UUFSD. For questions, email [bookclub@uufsd.org](mailto:bookclub@uufsd.org) or call/text Cathy Leach-Phillips at 650 224-1974.

### Science in the Kitchen: Sweet Talk Saturday, July 16th, 9:30-11:30am

Science in the Kitchen, beginning with Sweet Talk, is a two hour fun experience for young children and their parents. The event is located in the UUFSD Kitchen.

Science Educator and author, Louise Lin Garrett, aka, Dr. Flamingo, will demonstrate with reliable witty explanations of scientific principles how modern gastronomical marvels are possible. Each third Saturday of the month from 9:30 'til 11:30, through the Summer and continuing into the Fall, Dr. Flamingo will present a gastronomical phenomenon from salt and chemicals in the kitchen, to fire and ice.

For more information contact Louise Garrett at [lovenlou@gmail.com](mailto:lovenlou@gmail.com)

## Unitarian Universalist Fellowship of San Dieguito

### Single Service at 10:00am

### Watch This Sunday's Sermon Via Zoom

<https://uufsd.org/zoom>

Meeting ID: 952 2706 0986

Passcode: 618961



Sunday July 3, 2022

## “Our Social Contract”

**Prelude** *Katie Klaerich*

**Welcome, Greeting and Announcements** *Chris Byrnes*

**Gathering Hymn “American the Beautiful”**  
by Katharine Lee Bates and Samuel A. Ward

*Alisa Guralnick, mezzo-soprano, Lauren Stuligross, piano*

**Call to Worship**

**Land Acknowledgement**

**Chalice Lighting**

**Centering Hymn and Covenant**  
**#30 Fuente de Amor / #123 Spirit of Life**  
Words and music by Carolyn McDade  
Spanish lyrics by Ervin Barrios

Fuente de Amor, ven hacia mí.  
Y al corazón, cántale tu compasión.  
Sopla al volar, sube en el mar,  
Hasta moldear la justicia de la vida.  
Arráigame, libérame,  
Fuente de Amor, ven a mí, ven a mí.

Spirit of Life, come unto me.  
Sing in my heart all the stirrings of compassion.  
Blow in the wind, rise in the sea;  
Move in the hand, giving life the shape of justice.  
Roots hold me close; wings set me free;  
Spirit of Life, come to me, come to me.

**Fellowship Covenant**

“May love be the spirit of this congregation;  
May the quest for truth be its sacrament.  
And service be its prayer;  
To dwell together in peace,  
To seek knowledge in freedom,  
And to help one another in fellowship.  
This is our Covenant.”

**Children’s Recessional Hymn #414** (Sing 2x as children leave service)

“As we leave this friendly place, love gives light to every face  
May the kindness which we learn, light our hearts til we return”

**Offering**

**Joys and Sorrows**

Sung response Hymn #1002 (sing 2x)  
“Comfort me, Comfort me, Comfort me, Oh my soul”

**Meditation/Reflection or Prayer**

**Sung Meditation Followed by Silence Hymn #1009**  
words and music by Sarah Dan Jones

“When I breathe in, I breath in peace.  
When I breathe out, I breathe out love.”

**Reading**

**Sermon “The Social Contract”** *Speaker: Larry Jones*

**Closing Hymn #287 Faith of the Larger Liberty**

**Extinguishing the Chalice**

“We extinguish this flame  
but not the light of truth,  
the warmth of community,  
or the fire of commitment.  
These we carry in our hearts  
until we are together again.”

**Closing Words**

**Postlude** *Katie Klaerich*

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<i>Speaker</i>	<i>Larry Jones</i>
<i>Worship Associate</i>	<i>Chris Byrnes</i>
<i>Music Leader</i>	<i>Jan Berlin</i>
<i>Pianist</i>	<i>Katie Klaerich</i>
<i>Sound/Audio Visual Technician</i>	<i>Byrht Renfrow</i>
<i>Setup Coordinator</i>	<i>Volunteers</i>
<i>Ushers</i>	<i>Charles Mayfield/Karen Eckhart</i>

**Immediately following the service, feel free to join us in the Core area to  
enjoy conversation, meet new friends, and gather in Fellowship.**



UUFSDF is a welcoming congregation

**America the Beautiful**  
**by Katharine Lee Bates and Samuel A. Ward**

O beautiful for spacious skies,  
For amber waves of grain,  
For purple mountain majesties  
Above the fruited plain!  
America! America!  
God shed His grace on thee  
And crown thy good with brotherhood  
From sea to shining sea!

O beautiful for heroes proved  
In liberating strife,  
Who more than self their country loved  
And mercy more than life!  
America! America!  
God mend thine every flaw,  
Confirm thy soul in self-control,  
Thy liberty in law!

O beautiful for patriot dreams  
That see beyond the years  
Thine alabaster cities gleam  
Undimmed by human tears!  
America! America!  
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