

## UU-The-Vote is starting up in May

### Mission Statement for UUFSD UU-The-Vote:

*Encourage people to vote and help them understand the importance of voting in this country.*

We are doing Voter Registration at our table in the Core Area after Service on May 15 and 22. If you are interested in joining our group or want more details, you may also contact me at [vote@uufsd.org](mailto:vote@uufsd.org) with any questions. Thanks, Ted Foster

### **2nd Monday Book Club June 16th, 6:30 - 8:15pm in Palmer Library**

Let's take a break from the day's bleak news, to read the 2021 novel **Better Luck Next Time** by Julia Claiborne Johnson: In the 1930s, a quickie divorce for wealthy women meant spending 6 weeks in Nevada, often on a dude ranch in Reno. This is a funny take on friendship, love, and how the family we create (after we know better) can be stronger than the family we come from.

We will be discussing this 2021 novel at 6:30pm in the Library at UUFSD on Monday, June 13th. Email [bookclub@uufsd.org](mailto:bookclub@uufsd.org) or call/text Cathy Leach-Phillips at 650 224-1974 if you have questions.

### **Singalong with the UUFSD Choir, Home of Cheryl Close THIS Saturday, May 14th at 7:00pm**

This Sing-a-long is hosted by the Choir as a way to include more members and friends in singing. All are welcome. We will focus mostly on old favorites and use the Rise Up Singing books in part. BYOB drinks and appetizers, if you wish. Refreshments in the backyard at 7:00pm. Singing begins at 7:30pm.

Free will donation benefitting UUFSD.

Please RSVP to [chrislehman8@gmail.com](mailto:chrislehman8@gmail.com) and get directions to the event.

### **All Fellowship Campout - Memorial Day Weekend Mount Laguna - Horse Heaven, May 27 - 29, 2022**

This year we have the Hollyhock site at Horse Heaven reserved from 2pm on Friday, May 27 to 2pm on Sunday, May 29. Mark your calendars now! This is tent camping at its best. The community stew will be Saturday evening. So, if you don't like to tent camp, just come up for the day on Saturday, bring something for the stew/soup pot and join the fun. Drinking water is available as well as pit toilets.

Watch for a flyer as the date gets closer. Rates are \$45/family, \$25/single, \$15/day trippers. Call or email Patricia Cofre-Stone (858-731-5454 or [outdooradventures@uufsd.org](mailto:outdooradventures@uufsd.org)) if you have questions.

### **Sing a Long with Marshall Voit, Sunday, May 22nd at 4:00pm in the Core Area, on the Patio**

Our former Music Director, Marshall Voit, will lead a merry singalong including snacks and beer.

We'll be in the Core Area on the patio, weather permitting. Suggested donation: \$20.

It's not necessary to register but an email to [christieturner@gmail.com](mailto:christieturner@gmail.com) to say you plan to attend would be appreciated for planning purposes.

## Unitarian Universalist Fellowship of San Dieguito

### Single Service at 10:00am

### Watch This Sunday's Sermon Via Zoom

<https://uufsd.org/zoom>

Meeting ID: 952 2706 0986

Passcode: 618961



**Sunday, May 15, 2022**

## lost, found, lonely

We are not alone.

May is Mental Health Awareness Month

**Prelude** *Katie Klaerich*

**Welcome and, Announcements** *Wenda Alvarez*

**Gathering Hymn #1015 I Know I Can**  
*Words by Dennis Hamilton and music by Jeannie Gagné*

**Land Acknowledgement**

**Chalice Lighting**

**Centering Hymn and Covenant**  
**#30 Fuente de Amor / #123 Spirit of Life**

Fuente de Amor, ven hacia mí.  
Y al corazón, cántale tu compasión.  
Sopla al volar, sube en el mar,  
Hasta moldear la justicia de la vida.  
Arráigame, libérame,  
Fuente de Amor, ven a mí, ven a mí.

Spirit of Life, come unto me.  
Sing in my heart all the stirrings of compassion.  
Blow in the wind, rise in the sea;  
Move in the hand, giving life the shape of justice.  
Roots hold me close; wings set me free;  
Spirit of Life, come to me, come to me.

**Fellowship Covenant**

“May love be the spirit of this congregation;  
May the quest for truth be its sacrament.  
And service be its prayer;  
To dwell together in peace,  
To seek knowledge in freedom,  
And to help one another in fellowship.  
This is our Covenant.”

**Intergenerational Sharing** *Greg Brown and Sheryl Goto*

**Music: "You Will Be Found"**  
*by Benj Pasek and Justin Paul, piano arr. by Alex Lacamoire and Justin Paul • Susan Hahm, Chris Lehman, Wes Perry, vocals*

**Reflection—Mental Illness** *Trent Ulm*

**Generosity Sunday Offering benefitting NAMI San Diego**  
*National Alliance on Mental Illness, San Diego Chapter • [namisandiego.org](http://namisandiego.org)*

*To give from your phone, text the amount to 858-223-3511, use your BreezeChMS app, or go online to [uufsd.breezechms.com/give/online](http://uufsd.breezechms.com/give/online)*

**Meditation Reading: ‘Be Still’** *by Charlotte Ulm*  
“ . . .  
Be still and listen; Sacred listening  
Be still and observe; Sacred observing  
Be still and feel; Sacred feeling  
. . .  
Understand and build the boundaries that permit  
A true sharing, a need to fill the sacred silent space“

**Reflection or Prayer** followed by **Hymn #1057 Go Lifted Up**

Go lifted up, Love bless your way,  
moonlight, starlight, guide your journey  
into peace and the brightness of day.

**“lost, found, lonely”** *Wenda Alvarez*

**Honor Ribbon Sharing: We are not alone**  
During the time of sharing, we will sing  
**Hymn #1053 How Could Anyone**

**Closing Hymn #1012 “When I am Frightened”**

**Extinguishing the Chalice**

“We extinguish this flame  
but not the light of truth,  
the warmth of community,  
or the fire of commitment.  
These we carry in our hearts  
until we are together again.”

**Closing Words**

**Postlude “Here Comes the Sun”** *by George Harrison* *Katie Klaerich*

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<i>Worship Associate</i>	<i>Wenda Alvarez</i>
<i>Music Director</i>	<i>Christine Lehman</i>
<i>Pianist</i>	<i>Katie Klaerich</i>
<i>Sound/Audio Visual Specialist</i>	<i>Joe Cantrell</i>
<i>Set-up Coordinator</i>	<i>Derek Stone</i>

**Immediately following today’s service, feel free to join us on the central patio to enjoy conversation, meet new friends, and gather in Fellowship.**

 UUFSD is a welcoming congregation