

**UU The Vote!**  
**August 30th and September 6th via Zoom**  
**Following Virtual Coffee Time after Services,**  
**(approximately 11:30am)**

Join the Zoom Meeting  
[https://us02web.zoom.us/j/88978418038?  
pwd=Ni9TVkdIWm04ZnowU3NzVVdqV0VUQT09](https://us02web.zoom.us/j/88978418038?pwd=Ni9TVkdIWm04ZnowU3NzVVdqV0VUQT09)

Meeting ID: 889 7841 8038  
Passcode: UUt20! OR Passcode: 7413215

Phone: Dial-in option +1 669 900 6833  
OR +1 253 215 8782

Worried about our Election during COVID? You should be!! Laura Colban (lauracolban@gmail.com) is looking to form a group to work on this vital, nonpartisan issue.

Rev. Jo Green will be attending this meeting. Please join us on Zoom!

Go to <https://uufsd.org/uu-the-vote-2/> for more details.

**Monday Evening Book Club Visits Hawai'i**  
**September 14th, 6:30-8:00pm, via Zoom**

Kawai Strong Washburn's debut novel, *Sharks in the Time of Saviors* uses the Hawaiian idea of aumakua, a protector who returns in animal form to save their family, to show us the rich and varied culture of the Big Island of Hawai'i. A boy saved by sharks seems to have puzzling new abilities, which cause his family to question their legacy and find the meaning of heritage.

Join the Zoom Meeting  
[https://zoom.us/j/96534259634?  
pwd=Q3MyYkoxTDhPbUp4LzdyYVnkUDh4dz09](https://zoom.us/j/96534259634?pwd=Q3MyYkoxTDhPbUp4LzdyYVnkUDh4dz09)

Meeting ID: 965 3425 9634  
Passcode: 451301

For questions, email [bookclub@uufsd.org](mailto:bookclub@uufsd.org) or call/text Cathy Leach-Phillips at 650 224-1974.

**The Personnel Committee needs you!**

The current members of the Personnel Committee are stepping down after several years. Thanks to Dana Frieauf and Robin Sales for all their efforts.

The Personnel Committee is responsible for dealing with all all personnel issues regarding employed staff at UUFSD.

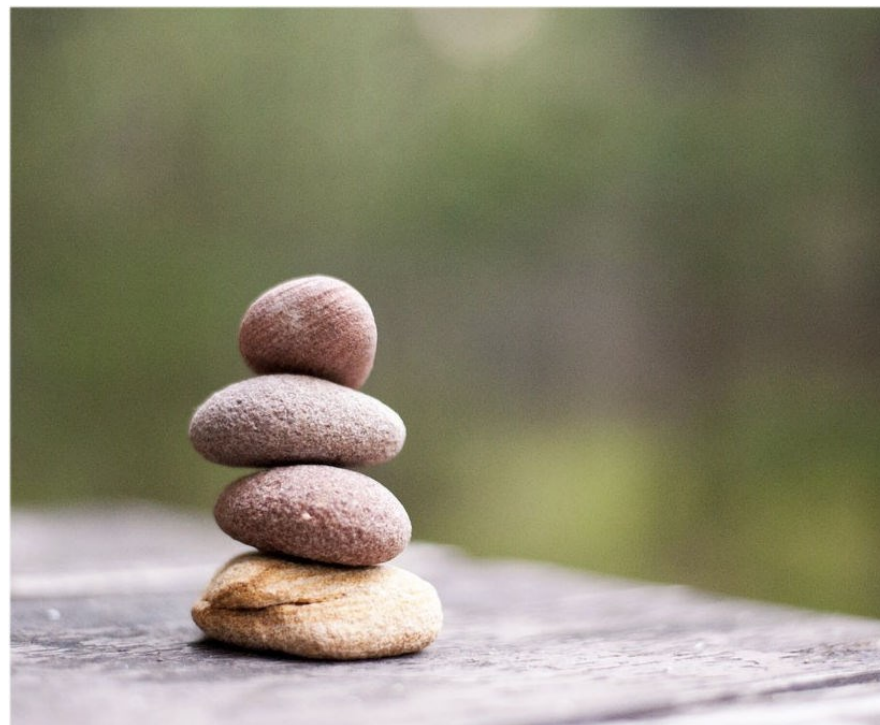
If you have any interest in volunteering, or have any questions, please contact me, Dale Gottdank ([dgottdank@gmail.com](mailto:dgottdank@gmail.com)) or Dana Frieauf ([dfrieauf@yahoo.com](mailto:dfrieauf@yahoo.com))

## Unitarian Universalist Fellowship of San Dieguito

### Single Service at 10:00am

### Watch This Sunday's Sermon Via Zoom

<https://uufsd.org/zoom>  
Meeting ID: 989 8033 8634  
Password: 439327



## Sunday, August 30, 2020

# “Making Room for Joy”

# “And not, when I came to die, discover that I had not lived” --- Henry David Thoreau

## Gathering Room

**Prelude “Carmel by the Sea”** by Tom Gerou

*Katie Klaerich*

## Welcome

*Linda Giannelli Pratt*

Joy. They experience more joy in a day than we do in a year. And they don't live as long or have as much as we do.” Recently some African Americans who visited Africa for the first time were asked by the Africans there, “Why are you Americans so sad all the time?” Joy is lost when cosmology is lost. Delight is reduced to the pseudo-pleasures of buying and selling, winning and gossiping, living vicariously in heroes and soap operas. Joy---a gift of the spirit---is the starting point for the spiritual journey. --- Michael Fox

**Gathering Hymn #16 'Tis a Gift to be Simple**

*Chris Lehman*

## Greeting/Announcements

## Chalice Lighting

**Centering Hymn #123 Spirit of Life**

Spirit of Life, come unto me.  
Sing in my heart all the stirrings of compassion.  
Blow in the wind, rise in the sea;  
Move in the hand, giving life the shape of justice.  
Roots hold me close; wings set me free;  
Spirit of Life, come to me, come to me.

## Fellowship Covenant

“May love be the spirit of this congregation;  
May the quest for truth be its sacrament.  
And service be its prayer;  
To dwell together in peace,  
To seek knowledge in freedom,  
And to help one another in fellowship.  
This is our Covenant.”

**Joys and Sorrows** (sung response—2x) **Hymn #1002**

“Comfort me, comfort me, comfort me, oh my soul.”

**Story for All Ages**

*Alison A.L.G. McLeod*

## Generosity Message

## Spoken Meditation

The day to day expression of the ecocentric ethic is the life of voluntary simplicity. The life of voluntary simplicity is a life lived consciously, a decision to live in harmony with life, to show reverence for life, to sustain life. It is a life of creativity and celebration, a life of community and participatory democracy, and a life in touch with nature and the universal life force. It is a life that has soul, it is a life that slows the individual's soul to awaken. ---Cecile Andrews

## Meditation on Breathing Hymn #1009

“When I breathe in, I breathe in peace.  
When I breathe out, I breathe out love.”

## Silent Meditation

**“All Around the World”** by Keb' Mo' and Chic Street Man

UUFSD Band

**Sermon “Making Room for Joy”**

*Guest Speaker, Betsy Gilpin*

**Closing Hymn #100 I've Got Peace Like a River, verses 1, 2, 3, 6**

## Closing Words

We never buy more than we need  
We never need more than we use  
We never use more than it takes to get by  
'Til we Learn to need less. ---old Chinese Saying

## Extinguishing the Chalice

“We extinguish this flame  
but not the light of truth,  
the warmth of community,  
or the fire of commitment.  
These we carry in our hearts  
until we are together again.”


**Postlude “Simple Gifts”** arr. Scott Roewe, saxophone, Louis Durra, piano

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*Minister*  
*Guest Speaker*  
*Worship Associate*  
*Religious Education Director*  
*Music Director*  
*Pianist*  
*Sound/Audio Visual Specialist*

*Rev. Jo Green*  
*Betsy Gilpin*  
*Linda Giannelli Pratt*  
*Alison A.L.G. McLeod*  
*Chris Lehman*  
*Katie Klaerich*  
*Joe Cantrell*

**Virtual Coffee Time immediately follows the service**

 UUFSD is a welcoming congregation

## MUSIC HATH CHARMS...

*A Farewell to our Music Director,  
Christine Lehman*

Musicians are like magicians who can conjure up sounds that engage our emotions and carry us away. It takes talent of course, but also hours, weeks, years of sustained effort. Then comes the magic.

For the past four years our wonderful magician at UUFSD has been Christine Lehman, our Director of Music, who will retire from her position at the end of August.

Her most visible work at UUFSD has been as director of the Choir and as a frequent Sunday soloist, but behind the scenes she has guided the whole music ministry here, collaborating with the minister, fellowship musicians, and staff.

Chris's spirited direction of the Choir has built an ensemble of singers glad to be challenged to present inspiring music week after week. She never settled for "pretty good", but asked for the best of her singers, and her thorough rehearsal skills inspired them to shine.

On Sundays when the Choir wasn't scheduled, Chris often sang solos. She arranged for music from Fellowship members and guest performers, coordinated with our contemporary music group, The Band, and produced moving holiday services, sing-alongs, and children's choir performances. When the pandemic closed in-person services, she quickly adapted and ensured we continued to have high quality music during streamed services. She did it all.

### **To Christine Lehman:**

We are deeply grateful for the beautiful music that has filled our Fellowship for our time together, and for the immense energy and devotion that have characterized your service. You have been an inspiration to so many of us in so many ways! We will miss you very much. Enjoy your retirement and somehow keep on making your musical magic.