

Continuing the Conversation on Racial Justice
This Sunday, August 23rd, Following Virtual Coffee Time
Zoom Meeting ID: 963 9886 9893, Passcode: 505087

Reflections on the panel discussion and the worship service; open to all.

UU The Vote!
August 30th and September 6th via Zoom
Following Virtual Coffee Time after Services,
(approximately Noon)
Meeting ID: 960 4468 0783, Passcode: 002095

Worried about our Election during COVID? You should be!! Laura Colban (lauracolban@gmail.com) is looking to form a group to work on this nonpartisan issue.

Go to <https://uufsd.org/uu-the-vote-2/> for more details and join us on Zoom!

Monday Evening Book Club Visits Hawai'i
September 14th, 6:30-8:00pm, via Zoom

Kawai Strong Washburn's debut novel, ***Sharks in the Time of Saviors*** uses the Hawaiian idea of aumakua, a protector who returns in animal form to save their family, to show us the rich and varied culture of the Big Island of Hawai'i. A boy saved by sharks seems to have puzzling new abilities, which cause his family to question their legacy and find the meaning of heritage.

Join the Zoom Meeting
[https://zoom.us/j/96534259634?](https://zoom.us/j/96534259634?pwd=Q3MyYkoxTDhPbUp4LzdyYVNkUDh4dz09)
[pwd=Q3MyYkoxTDhPbUp4LzdyYVNkUDh4dz09](https://zoom.us/j/96534259634?pwd=Q3MyYkoxTDhPbUp4LzdyYVNkUDh4dz09)
Meeting ID: 965 3425 9634
Passcode: 451301

For questions, email bookclub@uufsd.org or call/text Cathy Leach-Phillips at 650 224-1974.

The Personnel Committee needs you!

The current members of the Personnel Committee are stepping down after several years. Thanks to Dana Frieauf and Robin Sales for all their efforts.

The Personnel Committee is responsible for dealing with all all personnel issues regarding employed staff at UUFSD.

If you have any interest in volunteering, or have any questions, please contact me, Dale Gottdank (dgottdank@gmail.com) or Dana Frieauf (dfrieauf@yahoo.com)

Unitarian Universalist Fellowship of San Dieguito

Single Service at 10:00am

Watch This Sunday's Sermon Via Zoom

<https://uufsd.org/zoom>
Meeting ID: 989 8033 8634
Password: 439327



Sunday, August 23, 2020

**“Opening Our
Hearts and Minds
To Change:
A Love Story
About Racial Awareness”**

Gathering Room

Prelude “Here to Love” by Lenny Kravitz

Welcome *Candace Sage*

Gathering Hymn #1008 When Our Heart Is In a Holy Place

Chris Lehman

Greeting/Announcements

Chalice Lighting

Centering Hymn #123 Spirit of Life

Spirit of Life, come unto me.
Sing in my heart all the stirrings of compassion.
Blow in the wind, rise in the sea;
Move in the hand, giving life the shape of justice.
Roots hold me close; wings set me free;
Spirit of Life, come to me, come to me.

Fellowship Covenant

“May love be the spirit of this congregation;
May the quest for truth be its sacrament.
And service be its prayer;
To dwell together in peace,
To seek knowledge in freedom,
And to help one another in fellowship.
This is our Covenant.”

Joys and Sorrows (sung response—2x) **Hymn #1002**

“Comfort me, comfort me, comfort me, oh my soul.”

Story for All Ages *Alison A.L.G. McLeod*

Generosity Message

“No Comfort in Silence”

Composed and performed by Mila Bowman on vocal and guitar

Meditation on Breathing Hymn #1009

“When I breathe in, I breathe in peace.
When I breathe out, I breathe out love.”

Silent Meditation

**Sermon “Opening Our Hearts and Minds to Change:
A Love Story About Racial Awareness”**

Guest Speaker, Dana Friehauf

Closing Hymn “Nothing More” by the Alternate Routes

*Alisa Guralnick & Lauren Stuligross, vocals
Lauren Stuligross, piano, Brian Stuligross, guitar*

Closing Words

Extinguishing the Chalice

“We extinguish this flame
but not the light of truth,
the warmth of community,
or the fire of commitment.
These we carry in our hearts
until we are together again.”

Postlude “Peachertine Rag” by Scott Joplin *Katie Klaerich*

*Minister
Guest Speaker
Worship Associate
Religious Education Director
Music Director
Pianist
Sound/Audio Visual Specialist*

*Rev. Jo Green
Dana Friehauf
Candace Sage
Alison A.L.G. McLeod
Chris Lehman
Katie Klaerich
Joe Cantrell*

Virtual Coffee Time immediately follows the service



UUFSO is a welcoming congregation