### From the Pastoral Care Committee

After this Sunday's service, and for the foreseeable future, there will be a Pastoral Care listener available to members who feel the need to talk about concerns they might have. The name of the Pastoral Care listener will be announced during the service. You will have to access the Pastoral Care listener, by phone or email, through the UUFSD Directory.

For those who are not currently logged into the Directory, you may either download the app "instantchurchdirectory" on your phone or other mobile device or go to instantchurchdirectory.com in your computer browser. Once you have done that you will create a new account and login with the email you have on file with UUFSD. Instant Church Directory will then ask you to create a password. Once you have done that you should be good to go. If you have any problems logging on, please contact Tracey at <u>office@uufsd.org</u> or 858-755-9225.

### Religious Education is continuing online through Zoom. Join us!

Mondays, Wednesdays, and Fridays, 6:30-7 pm: Story time with Alison Tuesdays and Saturdays, 7pm: High school youth group Saturdays, 4 pm: Middle school coming of age group Sundays, 2 pm: Adult OWL Sundays, 4 pm: Young Adult group

For the Zoom link & password, just email Alison, our R.E. Director, at alison@uufsd.org or text her at 619-252-1867. We may be physically distant, but we do not have to be socially or spiritually separated. We will get through this time together.

#### Wednesday Mindfulness Meditation Group

The Mindfulness Meditation group offered by Livia Walsh each Wednesday morning will be offered via Zoom from 9:30-10:30 instead of in person attendance.

If you would like to participate on any given Wednesday please send Livia an email on Tuesday evenings and she will send you the Zoom link. (livwalsh1@gmail.com)

#### Join the Racial Justice Task Force for a Book Discussion over Zoom

We will be trying out the Zoom app for a book discussion on Sunday, April 26th at 2:00pm.

Our topic involves immigration, including our southern border and its dangers: The Line Becomes a River: Dispatches from the Border (2018) is a memoir by Francisco Cantú. This author writes stunningly about the beauty of the desert. The son of a park ranger, Cantú grew up in the southwest. When he joined the Border Patrol, he became witness to the stark realities of our southern border, where the obligations of his job weighed heavily against his values.

Call or text Cathy Leach-Phillips at 650 224-1974 or email bookclub@uufsd.org if you have any questions. All who have read the book are welcome.

Please contact Dana at dfriehauf@yahoo.com if you need assistance using Zoom. Join Zoom Meeting Link:

https://zoom.us/j/96275829038?pwd=VjhCK1JCL0dTV1U5TlY4MWF5NERjQT09 Meeting ID: 962 7582 9038, Password: 966364

## Unitarian Universalist Fellowship of San Dieguito

### Single Service at 10:00am

### Watch This Sunday's Sermon Via Zoom

# https://bit.ly/2VffOmv

Meeting ID: 654 954 1518 Password: 485217



Sunday, April 19, 2020

"Are Viruses Evil?"



Prelude Hymn #298 "Wake Now My Senses"   video created by Eric Lane Barnes		Spoken Meditation "Earth Day Prayer" by Vern Barnet "Meditation on Breathing" Hymn #1009					
				Welcome Lisa Shaffer		"When I breathe in, I breath in peace. When I breathe out, I breathe out love."	
Opening Hymn #1052 The Oneness of Everything by Jim Scott Greetings and Announcements Chalice Lighting		Silent Meditation Presentation "Climate Change and How Everyone Can Help"					
				Words from Karen Armstrong			Simone Boutelle
				Centering Hymn #123 Spirit of Life	Chris Lehman	Sermon "Are Viruses Evil?"	Rev. Thomas Perchlik
Spirit of Life, come unto me. Sing in my heart all the stirrings of compassion. Blow in the wind, rise in the sea;		Closing Hymn #1064 Blue Boat Home					
		Closing Words					
move in the hand, giving life the shape of justice. Roots hold me close; wings set me free; Spirit of Life, come to me, come to me.		Extinguishing the Chalice					
Fellowship Covenant "May love be the spirit of this congregation; May the quest for truth be its sacrament. And service be its prayer;		"We extinguish this flame but not the light of truth, the warmth of community, or the fire of commitment. These we carry in our hearts until we are together again."					
To dwell together in peace, To seek knowledge in freedom, And to help one another in fellowship.		Postlude "Fantasia Appassionata" by Kevin Costley					
This is our Covenant."			*** ***				
loys and Sorrows (sung response— $2x$ ) Hymr	a #1002						
"Comfort me, comfort me, comfort me, oh my soul."		Minister Guest Speaker Worship Associate	Rev. Thomas Perchlik Simone Boutelle Lisa Shaffer				
Generosity Message		Religious Education Director Music Director	Alison A.L.G. McLeod Chris Lehman				
Intergenerational Sharing "Grandad's Prayers of the Earth" by Douglas Wood		Pianist Sound/Audio Visual Speciali	Katie Klaerich				
	Alison A.L.G. McLeod		"Virtual Coffee Hour				