



# LAMA KATHY WESLEY

August 18

***The Five Forces*** : one day practice workshop

August 20-21

***Taking the Bodhisattva Vow***: A Courageous and Compassionate Path

August 22-23

***Aspiration and Inspiration***: Deepening Our Dharma Practice

August 18-21  
Five Forces, Bodhisattva Vow

6133 Kantor St #121  
San Diego, CA  
events@sandiegoktc.org

Suggested Donations:  
\$45/day or \$80/the weekend  
\$108 for all three days

Lama Kathy Wesley serves at the Columbus, Ohio Karma Thegsum Chöling Buddhist Meditation Center as its practice coordinator. She also travels to other Buddhist centers throughout the country to teach.

Lama Kathy has been a student of Khenpo Karthar Rinpoche since 1977. She participated in

the first three-year retreat led by Khenpo Rinpoche at Karme Ling Retreat Center in upstate New York, and thus earned the title of “retreat lama.”

She is a graduate of Ohio State University with a bachelor's degree in journalism and lives in Newark, Ohio with her husband, Michael.

August 22-23  
Aspiration and Inspiration

Unitarian Universalists  
Fellowship of San Dieguito  
1036 Solana Dr, Solana Beach,  
CA 92075

Suggested Donation:  
\$45/day or \$80 both days

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