



As the world continues to change quickly, how do we find our own healthy pace?

What drum beat do you hear?

How do we find a rhythm of life that includes joy and ease?

Come to “The Rhythm of Life” - Music Sunday, June 2 for inspiration!

Unitarian Universalist Fellowship of San Dieguito

1036 Solana Drive, Solana Beach 92075

9:00 AM and 11:00 AM services

featuring UUFSD Band and Choir with dancers

Explore the messages. Find your meaning.

“Hit the road, neighbor, leave your worries and strife! Spread the religion of the rhythm of life.”
– Dorothy Fields

“Why not put all the doubts behind us? We’re as happy as we’re ever gonna be.” Lucy
Wainwright Roche

“Living my life easy and breezy, with peace in my soul.” – Jason Mraz

“Happiness runs in a circular motion.” - Donovan

“It don’t mean a thing if it ain’t got that swing.” – Irving Mills

“Clap along if you feel like happiness is the truth.” – Pharrell Williams

“Ease on down the road. Don’t you carry nothin’ that might be a load.” -Charlie Smalls