

# UUFSD FOCUS – FEBRUARY 2011



*The Unitarian Universalist Fellowship of San Dieguito is a safe haven and community of inspiration creatively meeting the spiritual, social, educational and emotional needs of members and their families in ways consistent with our UU principles. Through this mutual support, we are empowered to transform the world, one person at a time.*

Rev. David A. Miller, Minister

Alison A.L.G.M. Crotty,  
Director of Religious Education  
Andrea Newall, Interim Choir Director  
Patricia Weld, Congregational Admin.



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Website: [www.uufsd.org](http://www.uufsd.org)  
Office hours: 8:30-4:30, M-F

## SUNDAY SERVICES – 10:00 a.m.

Child care is provided

Monthly theme: Forgiveness



## DAVID'S DIALOGUE

**February 6: Ouch, that hurts!** - Is it possible to get off of our own backs? Is there space for grace and forgiveness when it comes to the expectations we have of ourselves? **Rev. David A. Miller.**

**February 13: Standing On the Side of Love Service – Can love really lead to forgiveness and healing?** - In a world where we are often told, "That's not realistic", maybe the time has come to stop being so realistic. *Choir sings!* **Rev. David A. Miller**

**February 20: Forgiveness at Home** – Is it possible to push the forgiveness button for those who best know how to push yours? **Rev. David A. Miller**

**February 27:** Guest Speaker TBA - *Choir sings!*  
*Luncheon follows the service today!*

What a wonderful congregational year this has been to date, topped by such joy and fun in December. Thinking about it, it would just be impossible for us to have such a vibrant and active community without all of those who volunteer to do the many things that make it so. There are those on committees, those who help with the kitchen, and those who keep the grounds and facilities groomed and in working order. It is an amazing group of wonderful people who give so much time and energy to this community.

There is, however, a natural lifecycle to that time and energy, and at some point in time those who we look at as stalwarts, those of our members who have worked so hard to support our congregation, reach a stage of burn out. It frequently begins with questions about how much they are being fed by their efforts versus feeling a little drained. This lifecycle is natural and expected. As volunteers our interests change; as members of our congregation, sometimes our personal and spiritual needs change and some of the things we have been doing for years just are not as fulfilling. It's possible that joining one committee was wonderful and fulfilling for three years and now it feels like it is time to do something completely different instead.

This points to the need for us always to be helping our membership understand the importance of participating in the life of the Fellowship; taking your turn, so to speak. Many of those who we have relied on for years to hold important positions in our congregation are now looking to move on to different paths of participation. There is always a need for fresh ideas and new energy to add to the wealth of wisdom and experience. I ask that those of you who have not spent much time volunteering

### NEW BOARD MEMBERS

On January 23 the Congregation approved new Board members **Caroline DeMar** and **Walter Kanzler**. **Sara Appleton-Knapp** is the new **President of the Congregation**. **Anne Larocca** remains **Vice - President**.

We wish to thank departing board members **Kim Kinzie** and **Kathryn Sturch** for their years of dedicated service to the Congregation.

your energy consider teaching RE or adding your time and voice to our congregational infrastructure. Please don't hesitate to contact me if you would like to discuss where your time and talents could best fit to both feed your growth and help your fellow members with our congregational life.

All of us working together, committing to each other, is actually what makes this place work and it is all of you that provide the love, time, and energy that make this a thriving community. Much love to all of you in this Valentine's Month and thank you for all you do help support the wonder of UUFSD.

**Rev. David**

# WELCOME

**Evan and Kim Kleber** come to us with their daughter, Kendra (age 9), who is an enthusiastic participant in RE. Kim is a Senior Director in Technical Marketing at Qualcomm and Evan is the homemaker/caregiver, but is open to part time work that can turn into a meaningful career. Evan enjoys fitness/exercise, sailing, homebrewing, and cooking. Kim stays active with swimming and pilates. She likes to travel, read, and keep up with art, music, wine and the Michigan football team. Kim is also a Girl Scout Leader. Kendra swims, does Tae Kwon Do and Girl Scouts and loves Harry Potter books, the Percy Jackson "Olympians" series, and Legos. The Klebers were introduced to us by the Appleton-Knapps and are glad to be part of a spiritual community that endorses the tenets of love and substance over symbolism and ritual. *Welcome Kleber family!*

**Becky Stout** has been singing in our choir for four years. Becky is now retired from hospital administration work in regulatory preparation, risk and quality management. She has been widowed since 2005 and has four children, three daughters, one son and 8 grandchildren....so far. Becky enjoys hiking, cycling, singing, reading, her family, her dog, traveling, sketching, and memoir-writing. Years ago she and her husband visited here when on vacation. They bought a condo in Solana Beach 11 years ago and planned to retire here. They were members of First Universalist in Denver so they sought a UU home when visiting. *Welcome, Becky!*

## FOCUS ON UUFSD MEMBERS

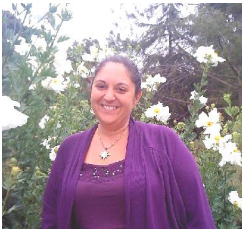


### LISA SHAFFER

Lisa Shaffer has a long history of from reading to blind students when college, to her current work as an advisor to Kids vs. Global Warming, an organization founded four years ago by then 12-year old Alec Looorz of Ventura. Lisa is working with Alec and others to organize and fund the Million Kid March to be held on Mother's Day 2011, with youth calling on adults to do something about climate change. Since being trained by Al Gore in 2006, as part of The Climate Project, Lisa has been giving talks to a wide variety of local organizations about climate change and sustainability. She also serves on the Board of Directors of the California Center for Sustainable Energy, a state-wide nonprofit that promotes a sustainable energy future through education, policy advocacy and technical consulting. Lisa's early volunteer experiences included serving as a Girl Scout troop leader, chairing the Board of her daughter's day care center in northern Virginia, working in many Democratic political campaigns, and tutoring middle school students. In January Lisa will begin volunteering with Words Alive, a local organization that promotes the love of reading through programs at Head Start centers and with at-risk adolescents in San Diego.



UUFSD's Interim Choir Director **Andrea Newall** is a lifelong UU who grew up participating in music, theatre, dance, and worship at the First Unitarian Universalist Church of San Diego. She directs the JUUL Tones, an acappella ensemble at First UU Church of San Diego, and has served as Musical Director for Looking Glass Theatre. She is a member of the Board of Trustees of the Unitarian Universalist Musicians' Network, a national organization of UU music professionals. By day, she works as a speech/language pathologist, specializing in autism and augmentative/alternative communication. She loves to read, garden, crochet, dance, and of course play music.



Alison Aguilar Lopez Gutierrez  
McLeod Crotty, DRE  
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end violence against women and girls. The beneficiaries will include Carol’s House, Colonia Garrettas 7/11 and the women of Haiti. I hope you will join us to celebrate this season of love with laughter, perhaps a few tears and certainly awareness for all.

In Love and Fellowship, *Alison*



*“All you need is Love.... Da da daa da daaaaaaa.... All you need is Love.... Da daaa dadadaaaaaaa.... All you need is love, love ... love is all you need.”* –

The Beatles

That song pops into my head, camps out for the month of February, and it is there every morning, afternoon, and evening for the duration. I see little pink and red hearts with “be mine” written in the shimmering images that float just beyond the corner of my eye like the mirages they are. Suddenly, where not long ago grumpy, lonely people were, all around are lovers and affectionate people. They emerge holding hands, blinking as they emerge from their seasonal hibernation and walk beneath the sun, whispering intimately. Their laughter weaves among us and leaves smiles on our faces and in our hearts. I know love is in the air when I am teaching on Sunday and hear joyous exclamations of “Butterfly ..... Butterflyyyyyyyyy ..... TWO Butterflies!” Then, a lone voice rings out, “and they’re mating!”

**Our Whole Lives (OWL)** is off to a wonderful start. We have a full schedule and a full class of 19 students. So many are thrilled at the prospect of a semester-long exploration of human sexuality. More importantly, the communication and relationship skills that these young people will learn are one of the greatest gifts the RE Program can give them. I know it was for me, when I sat mortified in the basement with the rest of my cohorts. As a perpetual blush stained my cheeks, I knew that, while it seemed I would never look at my teachers directly in their eyes again, I also knew the gift of knowledge was precious. While my education about the physiological aspect of my body and the changes it was undergoing increased, it was the ownership of self-confidence in my personal choices and decisions that made a life-long impact. I knew where I was going and what choices I would make because I was armed with the knowledge and voice that would get me there.

Voices will come together in a journey through the Vagina Monologues on **February 5 at 7:00 pm**. Women from UUFSD and the Solana Beach Community will be raising funds and awareness to

### ALL FELLOWSHIP CAMPOUTS



#### DeBenneville Pines, April 1 - 3

Please join us for an exciting All Fellowship Weekend at deBenneville Pines, **April 1 - 3**. This weekend is open to everyone at the Fellowship: singles, couples, families, members, friends, visitors, and anyone else who is interested in having fun and getting better acquainted with each other. There will be workshops, craft projects, games, hiking, dancing, singing, and five great meals. If you are willing to lead a workshop or would like to help plan this weekend, or have questions contact **Kathryn Sturch** Register before **Feb. 7** and save \$5 per adult. A registration form is included in this newsletter and on the UUFSD website.



#### Memorial Day Weekend and Fourth of July

Campers, put these dates on your calendars! Memorial Day weekend: **Friday, May 27** through **Monday, May 30** at El Prado Group campsite. **Fourth of July: Friday, July 1** through **Monday, July 4** at Horse Heaven Group campsite. Come for all or part of either or both weekends. New members and visitors, this is a great opportunity to get to know others in the congregation really well, while enjoying camping in the beautiful Laguna mountains. If you don’t like to camp, consider coming up for the day on Saturday and staying for our community stew dinner before heading back to town. It only takes an hour and a half to drive there or back. More details to follow as the dates get closer.



## PUT ON YOUR DANCING SHOES!

A group of joyful UUFSD members are planning to try out the new **Whirl Ballroom** in the Flower Hill Mall for an evening of fun on **Saturday, February 12**. The Ballroom offers a dance party on the 2nd Saturday of each month, with an hour of instruction from 7 – 8 pm, followed by free dance time from 8 – 11. It costs \$15 per person. The Joy Committee thought it would be fun to get a group and go together on Saturday, February 12, and see how we like it. If it's good, we can consider renting the ballroom for a fund-raising event in the future, or just have periodic expeditions to the Ballroom. If you're interested, join us! No reservations required. Contact **John Atcheson** for further information. You can also learn more at <http://whirlballroom.com> about the Whirl Ballroom.

## EMMA'S REVOLUTION CONCERT

### SWIMMING TO THE OTHER SIDE

Emma's Revolution, the singing group of Pat Humphries and Sandy O, will be performing in concert at our Fellowship on **Friday, March 25**. Proceeds from the concert will go to the Fellowship general fund. Pat and Sandy are known for many wonderful songs including "Peace, Salaam, Shalom," "Swimming to the Other Side," "Living Planet," and "Keep on Moving Forward." They are frequent performers at UU churches and have been featured at GA. They have been referred to as "Jon Stewart with guitars," and have performed with Pete Seeger, Holly Near, and other peace and justice activists. Tickets will be available in the core area after services for \$18 in advance, and for \$20 at the door. We plan to sell beverages (alcoholic and non-alcoholic) and provide healthy, yummy snacks before the concert and during intermission. Tickets may be purchased online at [Emmasrevolution.com/live](http://Emmasrevolution.com/live) or by email to [emmasrevolutionUUFSD@gmail.com](mailto:emmasrevolutionUUFSD@gmail.com). Contact **Lisa Shaffer** for more information



## Book Club News

The UUFSD bookclub meets each month at **7:00 pm** in the UUFSD library to discuss the month's reading selection. This month's meeting will be **Monday, February 7**, and we will be discussing **Shanghai Girls** by Lisa See. So, pick up a copy, read it, and come ready to discuss! (You can see a description of the book on the Amazon website, if you like: [www.amazon.com](http://www.amazon.com).) For more information, or to be added to our email list, please contact Sharilyn Parr.

## UU NEWS FOR SAN DIEGO COUNTY

### "CLUSTER NEWS"



In addition to our UUFSD email lists, you can also sign up for a weekly email newsletter from SUUN (The San Diego UU Network). The "San Diego County UU Network Newsletter" provides information on activities and events relating to our six UU congregations in San Diego County. You can be added to the SUUN email list by going to the Cluster website at [www.uusandiego.org](http://www.uusandiego.org) and clicking on "Sign up for our Email Newsletter" on the home page.

## SPIRITUAL GROWTH CIRCLES STILL OPEN

If you are interested in joining a Spiritual Growth Circle, it's not too late. The Spiritual Growth Circles (SGC) program is now underway at UUFSD. These groups of 6-12 people gather each month to discuss material prepared by Rev. Miller, designed to stimulate deeper understanding of the themes in the Sunday sermons. The meeting structure includes a chalice lighting, check-in, opening reading, and questions for discussion, facilitated by a UUFSD member trained as an SGC facilitator. We have active groups meeting on Saturday mornings, Wednesday mornings, Wednesday evenings, and Thursday evenings, generally in the third week of each month. If you want more information, please contact **Lisa Shaffer**



## EMAIL COMMUNICATION AT UUFSD

UUFSD maintains two email lists, which allow us to communicate to members and friends.

The **UUFSD Announcements list** is for "official" UUFSD announcements, such as weekly emails about each Sunday's service and other announcements about Fellowship events and activities. Only staff and board members post emails to this list.

The **UUFSD Online list** is for members to use to send emails to the member community. Anyone can post emails to this list, and anything is fine, as long as it is in good taste and is likely to be of interest to all members. To post to this list, simply create an email and address it to [UUFSDOnline@yahoogroups.com](mailto:UUFSDOnline@yahoogroups.com).

All members who use email generally choose to be on the announcements list. Though not "mandatory" it is a great way to stay in touch between newsletters. Most members are also on the online list, but those who wish to keep the number of emails to a minimum may opt to only be on the announcements list. For more information, or to be added or removed from a list, please contact **Sharilyn Parr**.

## CAMP DEBENNEVILLE WATER WORKS PROJECT

Thanks to the generosity of people in congregations throughout the district, including UUFSD, the money necessary to replace the water system at Camp deBenneville Pines has been raised. In fact, sufficient funds are in hand now to begin the final planning phase. The actual construction work will begin just as soon as the summer camps are over. The final pledge amounts should be paid just about the time the project is completed. At UUFSD, we raised twice as much as was anticipated during the matching-fund grant period, a feat repeated throughout the district. Camp deBenneville Pines will be there for us and those who come after to enjoy! **Submitted by Betsy Gilpin.**

## CURIOUS ABOUT CUBA? Save the Date: February 27, 2011

All are invited to join us for an informal hour of slides and commentary relating to our experiences on a humanitarian mission to Cuba last Fall.

With the recent relaxing of certain restrictions on travel to Cuba there is increased interest in our neighbor island which lies only 90 miles off the coast of Florida. This program may whet your curiosity about Cuba and possible travel there!

The presentation will take place following the service, on **February 27**, which is a Luncheon Sunday. So fill your plate promptly and head for Founders Hall. We'll be looking for you!

**Dianne Graham, Karen Eckhart and Sandy Washington**



Do you dream of inexpensive vacation travel to interesting destinations where you can stay in the homes of friendly people who share your ideals and are happy to provide directions and advice for their area?

The UU bed and breakfast directory, UU're Home, can fulfill your dream. For thirty years, we've provided a network of hosts in the United States (and a few abroad) who enjoy meeting new friends and who are happy to open their home to like-minded people.

You can also become a host and be listed in the directory. Contact us at [info@uurehome.com](mailto:info@uurehome.com), and we will gladly send you information about listing your accommodations.

Host listings on the UU're Home website at [www.UUreHome.com](http://www.UUreHome.com) are updated whenever changes are made or new hosts are added. The last paper edition will be published in April 2011, since most members now use the website exclusively, at a cost of only \$10 for a year's access to the current listings. For a copy of the 2011 paper directory plus a year's access to the website listings, please click on "become a member" to pay by credit card or send a check for \$25 and your e-mail address to UU're Home, 43 Vermont Court, Asheville, NC 28806.

# **VDAY 2011**

***V-Day UUFSD 2011***

***Presents a Benefit Production of***

## ***THE VAGINA MONOLOGUES***

***Join us on February 5, 2011 at 7:00 p.m. as we raise funds  
and awareness to end violence against women and girls  
Tickets \$15 and \$10 for students***



**Beneficiaries Carol's House, Colonia Garrettas and the  
women of Haiti**

**V-Day is a global activist movement to end violence against women and girls that raises funds and awareness through benefit productions of Playwright/Founder Eve Ensler's award winning play *The Vagina Monologues* and other artistic works. To date, the V-Day movement has raised over \$75 million and educated millions about the issue of violence against women and the efforts to end it.**