

DIALOGUE

A QUARTERLY MAGAZINE

A publication of the Unitarian Universalist Fellowship of San Dieguito

Inspired by our UU principles, we are a vibrant, intentionally diverse congregation that models and promotes both locally and globally: love, spiritual growth, service, right relations and sustainable living.

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HAPPENINGS

Blessing of the Animals, Sunday, Oct 1

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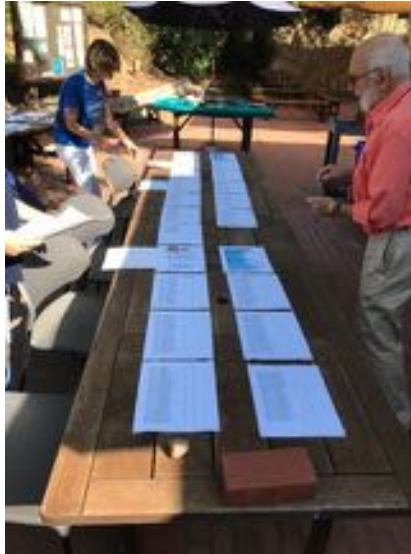
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Post Card Writing Campaign to End Gun Violence, Sunday Oct 8, 15 and 22

Following the massacre in Las Vegas, Nevada, our UUFSD Social Justice Gun Violence Prevention Task Force conducted a post card signing event to demand effective gun control legislation. We were joined in this endeavor by the Brady Campaign and Moms Demand Action. The post cards were hand delivered to our Congresspersons and US Senators in Washington, DC.



Gun Violence Statistic Table
From the Gun Violence Archive 2017
January 1 to October 7, 2017
Total Incidents: 47,414
Number of Deaths: 11,850
Number of Children killed or injured:
Ages 0 to 11: 556
Ages 12 to 17: 2480
Mass shootings: 376
Unintentional Shootings: 1533
22,000 Annual suicides not included on Daily Ledger.
Data Validated : October 7, 2017



Pride on the Beach, Saturday, October 14

Putting our faith to work, the UUFSD Social Justice Action was a "Sponsor Friend" of this year's Pride on the Beach. In addition to our sponsorship, we staffed a booth at this annual North County LGBTQ Resource Center event. Thank you to our members and friends that staffed the booth: Adrienne McCord, Liz Young, Robin Sales, Mary Anne and Paul Thause, and Julia Darling.



...May love be the spirit of this congregation and service be its prayer...



Socially Responsible Investing, (SRI) Sunday, Oct. 22



Experiential learning that inspires spiritually grounded action for Social Justice
 Twenty members attended the Socially Responsible Investing (SRI) workshop. SRI Investing is the process of investing money in corporations, infrastructure and community development that are not causing social or environmental harm. It is an investment approach that integrates environmental, social and governance values (ESG) into financial analysis and decision-making. We thank Shane Yonston, Principal Advisor for Impact Investors for his comprehensive presentation. We are having another session on January 14 right after the 2nd service, when Shane Yonston will speak about “Performance of Socially Responsible Investments” and the filters used to critique your investment choices.

Immigration Reform Advocacy Calling for Deferred Action for Childhood Arrivals Legislation, Oct. 2017

As members of the Unitarian Universalist Fellowship of San Diego, our faith affirms the inherent worth and dignity of every person, and in this spirit we urged members of Congress to come together to pass the comprehensive and humane bipartisan immigration reform bill, H.R. 496, the Bridge Act that will protect DACA beneficiaries. We collected 98 signatures in a petition to our Congressional and Senatorial Representatives



Love is Love Concert, Sat., Oct. 21

Love is Love’ was a crowd pleaser, drawing a full audience with organizer's pulling spare chairs to seat the fans as they kept arriving. Our generous support raised almost \$2000 for the ACLU and gathered some volunteers for their local work. It was a wonderful community experience. A special thanks to Chris Lehman and Hima Joshi, our wonderful sopranos who made this magnificent event possible.



UUFSD Social Justice Actions:

**Economic Justice - Hunger/Homelessness - Home Builds in Tijuana
 Immigration Reform - Environmental Justice - Gun Violence Prevention - Indivisible Patriots-
 Mental Health - Backpack Project for Kids - Generosity Sunday - LGBTQ Gender Equality
 JOIN US AS WE WALK THE TALK (Pages 10 & 11)**



Dias de los Muertos, Sunday, October 29

Rev. Meghan and RE Director Alison Crotty, continued the tradition of celebrating Dias De Los Muertos (Days of the Dead). The Days of the Dead are truly a celebration of life. We dance with caricatures of death, and teach our children that life is brief, and to not fear death and that we are free to appreciate every moment.

Days of the Dead follows a similar two-day structure (and occupies the same two days of the calendar year, Nov. 1 and 2nd), but the focus is different. On the first day, families remember children who have died, and on the second, the adults.

Meet The Candidate, Sunday, October 29

Genevieve Jones-Wright candidate for the County of San Diego District Attorney appeared at the UUFSD Indivisible Patriots “5th Principle - Meet the Candidate Forum.” Twenty-five members and friends attended. People asked great questions, covering a wide-variety of topics, including the role of the District Attorney in trying to curb the trend of criminalizing homelessness and promoting racial justice. Note: Both declared candidates for this position were invited to participate



CELEBRATING THE INSTALLATION OF REVEREND MEGHAN CONRAD CEFALU

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October 5: Seven (7) people from UUFSD joined others this month and bagged 8,483 pounds of plums.

November 2: We bagged over 6,000.pounds of potatoes last night that are being eaten today! Six (6) members from UUFSD and about a dozen teens from a Mormon church that made it super fun!

December 7: Even though our volunteer pool was limited, we bagged 2,900 pounds of pears, apples and grapefruits. **!!!Let service be our prayer!!!**



UUFSD Homeless Project Fill A Belly, Tuesday, Oct. 31
*...may love be the spirit of this congregation
 and service be its prayer...*

In partnership with Wagon Circle Indivisible, members of UUFSD prepared, served and ate with homeless persons in Encinitas. Thanks to Rev Meghan members and friends, Betsy Gilpin, Holiday Geiger, Karen Joshi, Linda Luisi and Ted Foster, Ted and Katie Wheeler, Rich Franzwa, Livia Walsh and Irv Himelblau for participating.

Healing Our Losses, Saturday, Nov. 4

Members and friends attended this free workshop presented by Dr. Jack Miller. Dr. Miller gives these workshops out of gratitude for all that he has been given along the way. He is a former Catholic Priest who founded The Center for Education on Death and Dying, Inc. and the Cook County Hospital's Palliative Care Program. He is the author of "Healing Our Losses" and has perfected a process which enables people to resolve their grief. He calls this The Phoenix Project.



Art Fair, Sunday, November. 12

This exhibit/sale took place between the two services and one hour following the second service. Thanks to the wonderful artists, photographers, jewelry makers, ceramicists, textile/stitchery artists and others who participated in this yearly fundraiser.



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**UUFSD Indivisible Patriots
Post Card Writing Campaign,
Sunday, October 1
Sunday November 5
Sunday, December 3**



November - Annual Food Drive for CRC

Our annual CRC Food Drive was a fantastic success. We collected approximately 100 shopping bags full of essential goods that will be distributed at the CRC Food Pantry. Our yearly goal was to collect enough food and other goods to last for at least six months. Thanks to the generosity of our members and friends we once again surpassed our goal. A special thanks goes out to Betsy Gilpin, our project coordinator, for her efforts in ensuring the success of this project.

The CRC Response: Hello Betsy, I wanted to thank you for your 100 bags of donations! You helped stock some of our bare shelves! The items were wonderful - exactly what we needed. Participants are very happy today and they also get to go home with a reusable bag to bring back when they shop next. Thank you so much Yanira Frias, CRC

Dignity Supplies, Nov 14 & Dec 20

Dignity Supplies is a new Social Justice Action initiative of the Homeless Task Force. Once a month we join with the CRC to distribute personal care and other hygiene items to persons in need. In addition to this monthly distribution, we prepared baggies with supplies for members and friends. We encourage members and friends to take these baggies with them as they travel the community and hand them out to those in need.



**Peggy Watson & David Beldock with Paul Beach
in Concert, Saturday, November 18**

Our fellowship rocked with local singer-songwriters Peggy Watson & David Beldock, accompanied by bass guitarist Paul Beach. "Hearing Watson's angelic soprano voice is a treat that holds true whether she's singing folk, urbane pop, jazzy ballads, or earthy country reveries," commented George Varga, San Diego Union-Tribune.



“Small ” Hands For Hope, Sunday, November 19

YRUU children prepared packets of toiletries, and other items for the homeless among us. These packets will be given out to members and friends to distribute as we encounter people in need.

Thanksgiving Dinner, Thursday, Nov. 23

Over fifty people attended our yearly Thanksgiving dinner. Lots of traditional food and a Polish dish that a new person brought. Special thanks to Louise Garrett who organized the event and Barbara Walker, Robin Sales, Allen Watchorn, Linda Lusi, Ted Foster in making this possible. Thanks to Debbie Hecht who guided the new clean up system, and all the members who helped in the kitchen.



December - The Giving Tree Project - Women of the World

The goal of Giving Tree project for homeless women and men who frequent the CRC food bank, was to provide winter survival items for 15 people. This three week collection was sponsored by our Women Of the World (WOW) members, Through member and friends’s generosity fifteen backpacks were filled. Thank you to all who volunteered and contributed. The backpacks will be distributed on Wednesday, December 20.

Wed, Dec 4 - Changing Times - Ending Sexual Harassment Women's Discussion

We are saddened and angered by the news stories regarding sexual harassment that have come out recently. Seven women at the UUFSD gathered to share thoughts, feelings, experiences, and to begin to talk about how to use the momentum from these changing times to help put an end to sexual harassment. Rev. Meghan facilitated the discussion group.

ME TOO

de Benneville Pines Memory Project, Sun, Dec 10

Betsy Gilpin and Chris Faller presented the Camp Memory Project to UUFSD The presentation evoked the beauty of our shared spiritual home with readings, songs, images, and stories told by campers.



Sandy Hook Vigil, Sunday, December 10

We came together, 75 strong, to commemorate half a million Americans killed or injured by guns since the Sandy Hook shooting tragedy. The annual vigil is sponsored by the UUFSD Gun Violence Prevention Task Force, Newtown Foundation, Newtown Action Alliance, Brady Campaign to Prevent Gun Violence, Everytown Survivor Network, Faiths United to Prevent Gun Violence Moms demand Action for Gun Sense in America, Organizing for Action, States United to Prevent Gun Violence, St Marks Episcopal Church and the urban Women's March.

There are no words that will suffice to thank Steve Bartram and the volunteers who donated their time and energy to this call to witness. We thank our courageous speakers, Sandy and Lonnie Phillips of "Empowering Survivors" Amanda Mascia and Renae Gregg, Special thanks go out to Cantor Larry Kornit as well as Marshall Voit and the "Peace and Freedom" Singers.



The Vigil Gathering



Peace and Freedom Singers



Sandy Phillips



Amanda (Curry) Mascia



Renae Grieg



Cantor Larry Kornit



Steve Bartram, Cantor Hazan, Rev. Meghan, Sandy & Lonnie Phillips, Renae Grieg and Amanda Mascia

Happenings Continued on Page 12

A Celebration of the Installation of Rev. Meghan Cefalu



Congregation: We the members of Unitarian Universalist Fellowship of San Dieguito hereby install you, Reverend Meghan Conrad Cefalu, as our minister.

We ask you to share in our lives and to share your life with us.

We ask you to work with us to create and sustain a vibrant liberal religious community, and we pledge to remember that the work of this congregation belongs to all of us.

We ask you to aid us in our search for depth and meaning, and we pledge to recognize our responsibility for your spiritual and material welfare.

We ask you to pastor us in our joys and sorrows, and we pledge to support you in yours.

We ask you to be charitable about our failures, and we pledge to understand that you are also human and can falter.

We ask you to help us individually and as a congregation to extend our values into the wider community through service and action.

Rev. Meghan: With great joy and a deep sense of responsibility, I take up the ministry to which you have called me and enter into this covenant with you. I promise to serve you and our Unitarian Universalist living tradition to the best of my abilities in the spirit of love, freedom, commitment, and compassion. May we together be a blessing to one another and the world.



Spiritual Growth Through Social Justice Action



UUFSD
Social Justice Actions:
JOIN US AS
WE WALK OUR TALK

Economic Justice

Hunger/Homelessness

Home Builds in Tijuana

Immigration Reform

Environmental Justice

Gun Violence Prevention

Indivisible Patriots

Mental Health

Backpack Project for Kids

LGBTQ Gender Equality

Generosity Sunday

Dear Members, Friends and Visitors,

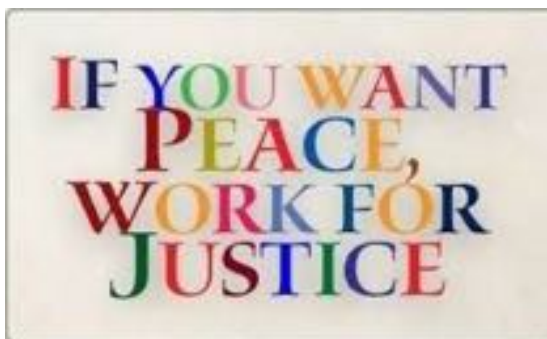
I am so excited about all the opportunities our congregation provides to actively participate in bringing more justice and compassion into our world. As you can see in this magazine there are local projects serving our neighbors in North County, and campaigns to make our voices heard on the national political stage – working to shape our nation’s laws to bring more social and environmental justice.

As Unitarian Universalists we are called to help make the world a more loving place for everyone. But do not mistake our congregation for a social justice organization. We are a faith community, a place to grow in spirit. Many find this calling grows in our hearts as we ourselves grow in our capacity to see the inherent worth of all people and feel our human connection to and dependence upon our beautiful and fragile planet. In my experience a sense of deepening compassion comes first; then it is often followed by the desire to turn that feeling into tangible action.

I am here to help you find the exact right way for you to express your values out in the world whenever you are ready. I’m glad you are here with us and look forward to getting to know you each more deeply over the coming months and years.

Love and blessings,

Meghan





***UUFSD Social Justice Action
Putting Our Faith to Work***

***Moving From
Talking the Talk to
Walking the Talk***

We invite you to give:
Five (5) minutes a month

To phone or write to an elected official

Two (2) hours a year

To participate in a rally or demonstration

Five (5) hours a year

Participating in UUFSD Social Justice Action

Examples of Participation

1. Write a postcard to an elected official at the UUFSD Indivisible Patriot table once a month on a Social Justice subject.
2. Call an elected official on a Social / Environmental Justice subject.
3. Participate in at least one Social Justice rally/demonstration a year.
4. Participate in our UUFSD Social Justice actions: food drive, food bank, homeless project, backpack project, attend a Social Justice concert or vigil, etc.

Systemic/Legal Actions

Post card to Rep. Issa Gun Violence
Call to Governor Brown Immigration

Rallies/Demonstrations

Million Women’s March Equal Rights
Rally for Charlottesville Racial Justice
Black Lives Matter Racial Justice

Direct Actions

CRC Food Drive Holiday Baskets
Feed Neighbors In Need Dinner in the Park

**Will You Walk with Us
For Justice?**



CRC Food Basket, Wednesday, December 13

The Community Resource Center’s distribution program, providing a families and individuals in need. They basic necessities and a few gifts to boxes that provide a turkey or chicken staples for the week. Special thanks to coordinator for this project and to our Lisa Shaffer, Renae Greig and family, Kathryn Sturch, Tiffany Fox, Louise Barbara Walker, Kristen Chambers and Alejandra Hoffman, Charles Dodson.



Holiday Baskets is San Diego’s largest dignified and free “shopping experience” for provide low-income households with both brighten their holidays. Families receive food and all the trimmings for a holiday meal and Norma Showalter our Social Justice Action volunteers: Sara O’Hara, Carol Blakestone, Elaine Lewinnek and family, Ruth Gregory, Garrett, Jody Hubbard, Karen Freeman, family, Derek and Patricia Cofre-Stone,

Holiday Gift To Music Lovers! Wednesday, Dec 20

This fabulous free concert was given by Anna Lyn Galura, violinist, and Kyle Adam Blair, piano , performing works by Brahms, Bach and Vieuxtemps. Galura began playing violin at age 7, and has performed internationally with prestigious orchestras and music festivals. She currently teaches and performs professionally throughout the Charleston, SC area and is a frequent guest artist with the Charleston Symphony Orchestra.



Generosity Sundays: October-December, 2017



October 2017 - Encinitas Community Resource Center



November 2017 - Promises2Kids

PROMISES2KIDS



SURVIVORS EMPOWERED

December 2017 Survivors Empowered



December 2017 - Casas De Luz