Focus

December 2013

The Monthly Newsletter of UUFSD, A Unitarian Universalist Congregation in Solana Beach, CA

Inspired by our Unitarian Universalist principles, we are a vibrant, intentionally diverse congregation that models and promotes both locally and globally: love, spiritual growth, service, right relations and sustainable living.

— UUFSD.ORG —

Services are at 9:00 and 11:00 a.m. Childcare is offered throughout, and visitors are always welcome.

UUFSD Holiday Service & Party Schedule

You're Invited!

Sunday December 1	11:00 a.m. ~	Single Service ~ I	RE program provided

Saturday December	ber 7 6:00	p.m. ~ Hc	olidav Pot	luck Party
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Carols, crafts and card making for veterans. Contact Bev Conner (<u>Joy@uufsd.org</u>) to help!

Sunday December 8 9:00 & 11:00 a.m. ~ Joy Services

Sunday December 15 9:00 & 11:00 a.m. ~ Music Sunday Services

Wednesday December 18 Wonderful (Holiday) Wednesday ~ Stay tuned!

9:00 & 11:00 a.m. ~ Winter Solstice Services Sunday December 22

Sunday December 22 1:00 p.m. ~ Holiday Visit to the VA Hospital

Joy@uufsd.org

5:00 & 7:00 p.m. ~ Christmas Eve Services Tuesday December 24

6:00 p.m. ~ Cookie Social! Bring cookies to share!

Wednesday December 25 1:30 p.m. ~ Christmas Day Dinner

Side dishes needed! Joy@uufsd.org

Sunday December 29 11:00 a.m. ~ Single Service ~ No RE

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SOCIAL ACTION CALL TO ACTION:

The Community Resource Center NEEDS OUR HELP!

<u>Holiday Baskets</u> is the largest distribution program of its kind in San Diego County, providing a dignified and free "shopping experience" for approximately 1,700 families who might otherwise receive nothing.

Take part! Organize a collection at work, school, or ? Gather outgrown coats, forgotten blankets, bikes collecting cobwebs! Start now – Distribution dates are December 20, 21 and 22!

<u>Drop Off Sites for Holiday Baskets Items - All CRC Thrift Stores accept items 10 a.m. – 4 p.m. daily</u> Please note: All CRC stores are closed November 28 & 29. Pick Ups available: 760-753-1156 ext. 1308.

- 1055 Carlsbad Village Drive, Carlsbad, CA 92008
- 111 C Street, Encinitas, CA 92024
- 1405 S. El Camino Real, Oceanside, CA 92054

Find out how to apply or how to refer a family to Holiday Baskets by calling 760-753-8300. For more information about Holiday Baskets email info@crcncc.org, or call 760-230-6304.

CRC Holiday Basket Shopping List:

- ✓ Non-Perishable Foods packaged in anything other than glass. Please no glass (except baby food)
- ✓ CANNED Soup, Spaghetti sauce, Meat ,Vegetables, Fruit, Beans
- ✓ DRY: 1-2 lb. packages Pasta, Rice, Beans, Fruit & Nuts, pancake, bread, muffin mix, cereal (hot or cold), Baby Cereal, Flour, Granulated Sugar & Salt or salt substitute
- ✓ DRINKS Powdered milk Tea Coffee (ground or instant) Cocoa Apple or Grape juice
- ✓ OTHER Peanut butter Granola/energy bars Fruit/Cereal Bars Cooking Oil Jam/Jelly, Maple syrup
- ✓ Blankets- new or gently used. Baby through queen sizes
- ✓ Jackets & Outwear-new or gently used winter coats, sweatshirts, jackets and sweaters
- ✓ GIFTS: Please, new and unwrapped items only, except where noted:
 - Toys-new and unwrapped for children of all ages
 - Teen Gifts: i.e. gift certificates, school supplies, bath/beauty kits, electronics
 - Adult & Senior Gifts i.e. ornaments, dish towel/napkins, tea/coffee, gloves and slippers
 - Baby Items, i.e. diapers (sizes 1-6), baby food/formula, wipes, blankets, clothes, bottles, pacifiers, infant and toddler toys.
- ✓ Gently used strollers, car seats, cribs, highchairs and boosters
- ✓ Bicycles-new or gently used of all sizes.

Holiday Wish List or Turkey Tickets:

✓ CRC provides a chicken or ham to complete a families' holiday meal and also purchases any missing essentials that are needed for distribution so that every family leaves with a full shopping cart. Proceeds from the sale of Turkey Tickets and Holiday Wish Tickets make this possible. Contact info@crcncc.org or call 760-230-6304 to order a supply of tickets today!

Community Resource Center is a 501(c)(3) charitable tax-exempt organization providing families in need and victims of domestic violence with safety, stability and a path to self-sufficiency. For more information, visit www.crencc.org.

San Diego Food Bank: Thursday December 5, 6:00 - 8:00 p.m.

San Diego Food Bank in the Miramar area; just 20 minutes from UUFSD! Anyone over 7 can help! Put food in boxes on an assembly line – no lifting, no bending, great camaraderie. This is a wonderful way of helping locally those in need and strengthening our UUFSD community as well. The SDFB distributes over 20 million pounds of food annually to individuals, families and a network of nonprofits working to alleviate hunger. They need our help! Email Sarah at: sara@saraohara.com if you're interested in joining us.

Camp de Benneville Pines!

Nov 27-Dec 1 – Thanksgiving Celebration – let someone else cook! Did your child have a great time at summer camp? Well, it's even more fun in the winter with all the snow-play activities:

Dec 27-Jan 1 PWSD Sr. High Youth Camp – Camp SeUUss Feb 15-17 PWSD Family and Elementary Camp – Choose your own adventure. For more information and to register, visit <u>uucamp.org</u>.

Don't forget your UUFSD tax deductions for 2013 - Hand delivered to the office on December 30, between 10:00 a.m. - noon or Postmarked by December 31

We appreciate your donations whenever made, however, an income tax donation deduction for this year must be received by delivery to our office between 10:00 – noon on December 30, or postmarked by December 31. Our office hours and days will be limited during the holiday season. *We recommend making your donations early, by December 20,* to avoid holiday delays in the mail, the limited days our office is open and the heavy activity in our office at year end.

For donations of stock please talk to our Treasurer (<u>treasurer@uufsd.org</u>) or Finance Committee chair (<u>finance@uufsd.org</u>).

Meet Once a Month, Help Determine What UUFSD Will Become: <u>Design Review Committee Needs Reinforcements!</u>

At UUFSD, where the beauty of our campus is important to us all, someone has to make decisions about what our buildings, grounds and furnishings will look like. The Design Review Committee keeps a watchful eye on our site, proposes solutions to eyesores, and provides guidance on any project initiated by others that will have a visible impact on our campus.

Do you have training, skills, and/or interest in design or the arts? If so, we invite you to help us maintain an attractive, welcoming and functional campus that serves the mission of our congregation.

We meet intermittently as needed, but not more often than once a month, usually after the second service on Sunday. To find out more, call one of our Co-Chairs, Elizabeth Michel (760-753-7355) or Greg Brown (760-487-1698), or email us at DesignReview@uufsd.org.

Winter

Worship

Services at 9:00 & 11:00 a.m. *Unless otherwise noted*

Childcare provided

12/1
Single Service,
11:00 a.m.
Thank You... I Think!
Rev. Jim Grant

12/8 JOY Service Rev. David A. Miller

12/15
Music Sunday
UUFSD Choir
&
Children's Choir
Rev. David A. Miller

12/22 A Winter Solstice Celebration UUFSD Band Rev. David A. Miller

12/24 Christmas Eve Services 5:00 & 7:00 p.m. Rev. David A. Miller

12/29
Single Service,
11:00 a.m.
Rev. David A. Miller

1/05 **As Time Goes By**Rev. David A. Miller

David's Dialogue

Ok, I know it is amusing to family and friends, but I get a little anxious about how long I have to wait until I start playing Christmas music. (When I say Christmas music I don't mean the loud popular versions.) My first Christmas music of the year is almost always the *Charlie Brown Christmas* album or the Pandora Peaceful Holiday Channel which includes folk, acoustic and classical. Yes, my wife tells me I should wait until after Thanksgiving and I try, I know I should wait at least until Halloween is over.

Now, I always talk about leaving space for reflection, so let me reflect a little about this in this space. I often wonder why a good portion of the world can be so tuned in to the need of others, as well as acts of kindness, celebration and joy at one time of year and seem so forgetful of it at other times. I think my desire to play the music is to spend as much time as possible surrounded in the messages of peace, love and goodwill that come during the holidays.

The need for this love, for this sense of peace and joy, is something we at UUFSD are really trying to lift up as often as possible and keep alive throughout the year. Maybe part of what this is about is that sense of what is holy, what we cherish in the quiet moments of deep and sincere connection to that which is between us and beyond us. I don't have any good answers for what that is, I just know that I am so grateful when I feel it, which I am so lucky to do so often in the presence of this congregation. It can happen at any time in many ways if we are open to it.

So I wish you an open, loving, peaceful and holy holiday season, and leave you with this poem as a reminder that if we look through to the true meaning of the stories, there can be a thread of connection and perhaps even the holy for us all.

Remembering that it happened once,
We cannot turn away the thought,
As we go out, cold, to our barns
Toward the long night's end, that we
Ourselves are living in the world
It happened in when it first happened,
That we ourselves, opening a stall
(A latch thrown open countless times
Before), might find them breathing there,

~ Wendell Berry "A Timbered Choir"

Foreknown: the Child bedded in straw,
The mother kneeling over Him,
The husband standing in belief
He scarcely can believe, in light
That lights them from no source we see,
An April morning's light, the air
Around them joyful as a choir.
We stand with one hand on the door,
Looking into another world
That is this world, the pale daylight
Coming just as before, our chores

Our own white frozen breath hanging
In front of us; and we are here
As we have never been before,
Sighted as not before, our place
Holy, although we knew it not.

To do, the cattle all awake,

Much Love, Rev. David <u>revd@uufsd.org</u>

Home for the Holidays! Welcome, New Members!

Betsy Gilpin, Membership



Mark Tuller is a retired lawyer who worked for many years at Verizon Wireless. He and his wife, Mary, moved here from New Jersey three years ago for retirement and love living in Encinitas. He has two adult children, Dan who lives in San Francisco and Alex who lives in New York City. Mark is interested in poetry and studies French and French culture. He also likes to bike and walk. Mark finds that UUFSD is a great place for a humanist/atheist and appreciates our dimension of life without prescribed dogma. Welcome Mark!

Laura Colban has been attending since 2010. Her children, Amelia (19), Kaia (16) and Andreas (13) have been active in RE. Laura is the founder and CEO of Skanden Energy, a renewable energy company focused on biomass thermal energy, and she enjoys rowing, swimming, hiking, kayaking and anything near water. Laura and her family are interested in community service and have participated in a few Tijuana home builds. In fact, it was through a home build, that Laura first came to UUFSD. Her partner Wayne Saville is an oncologist with two sons, Sam (12) and Isaac (10), and is a member of First Church. **Welcome Laura!**





Keith Albury and Beth Ellen Holimon moved here from Salt Lake City. They are hoping to connect with other families and find a community at UUFSD. Keith is a UU from childhood and by profession is a geographer, cartographer and database expert and Beth Ellen is a Leadership Coach and Planning Consultant for Nonprofit groups. They have two children, Sam (8) and Charlie (4). Keith's hobbies included sailing, robotics, programming and science fiction and Beth enjoys hiking, knitting, baking, camping and traveling.

Welcome Keith, Beth Ellen and family!

Toby Huang first came to UUFSD on the advice of Rev. David's wife, Alice King. He participates in the Young Adult group, and in his spare time enjoys hiking, cooking and traveling. Toby helps friends develop their businesses, and does some trading for himself. He also tutors SAT and Academic Preparation.

Welcome Toby!



Religious Education

Ho-Ho-Ho-Hello UUFSD Families!

We are helping to host the Christmas Party in Tijuana, Mexico for the Casas de Luz Project.

The Junior High School students are going to be secret Santas and are planning games for the potluck on December 15th. However, it's not just the JRUU that gets to have all the FUN! We have an opportunity to be involved and I am EXCITED about this.

Many of the families reside in the "Canyon" community, which is cobbled from an amalgamation of plywood and found items. Most of their income is derived from scouring the city dump scavenging for metal and other objects. Suffice to say, there is much need for these residents. That is where we can play elves and make this the warmest, most wonderful outpouring of seasonal love ever.

- ➤ We are collecting donations every Sunday until the wrapping party on December 14, and celebrating in Mexico on the 15th. The YRUU and JRUU have brainstormed some ideas for gently used/new items that would be useful to our neighbors. They include:
- Blankets (cold nights!) /Pillows
- Crockpots/ Toasters/ Radios/ Microwaves
- Towels/ Flashlights/ Batteries/ Propane canisters?
- What about Holiday Decorations? Candles, Plastic flower arrangements, Vases, Throw rugs?
- Stuffed Animals
 - Children's books in English, (many are teaching their children English! Books are super helpful!)
- Hats!! Sunglasses!!! Scarves? Gloves?
- PURSES!! I guess a few years ago, people donated some cute women's purses (who doesn't have a few too many? Cheeks burn and I raise my hand). They are still being carried by women of the Canyon! We can fill them with our jewelry that is pretty but we never wear ... and our "Mistake" make up ... the lipstick we buy in the drugstore that we think might work, but totally doesn't (ugh) and is
 - just sitting in our cabinets? Also what about feminine hygiene products? Those cost a lot of money ...
- SPORTS STUFF!!! Soccer balls, baseballs, mitts, sports jerseys, old equipment ... you know that BIKE that has been in your garage collecting dust forever??? What if you asked your child's teammates and their families to donate their past season's soccer jerseys!!! They could make teams down in the Canyon! There are always scrimmage games being played ... the possibilities are endless. Oh, and your neighbors are NOT off limits. Grinning, I know, as you have walked around your neighborhood during the summer months, you might have peeked into your neighbors' garages. If they are anything like my neighbors, they have some great treasures! Let's think BIG!

We will also be accepting financial donations to help purchase fresh fruit and food staples to be distributed at the party. Please bring your treasures to the Core Area on Sundays leading up to the 15th. Look for the table with the very festive sign! You will not be able to miss it! SMILING

Thank you! Thank you!! For supporting our teens as they "live their faith" south of the border this holiday season!



Non-Cash Alternatives to Giving:

Most of us pay our pledges from our cash funds. But there's another option for some lucky folks who own highly appreciated stocks. UUFSD is happy to accept stock transfer to fulfill pledges and capital campaign donations. It's a win-win situation – on your tax return, you get to deduct the full value of the stocks on the day of the gift, while avoiding payment of capital gains taxes (Federal or State) because there was no sale! UUFSD sells the stock and adds the proceeds to its funds, but pays no tax on the sale.

Download directions for the stock transfer from our website by clicking here, or by going to uusfd.org, clicking on About Us, select Make Your Pledge, then click PLEDGE-STOCKS OR SECURITIES. It's very important that you notify our Treasurer immediately of your donation – the brokers do not! Request a Pledge form from our Administrator, Elizabeth, then complete the form when the exact amount of your gift is determined.

Another option is available only this year to folks over 70½ who face Required Minimal Distributions (RMD) from their IRA. You can instruct your IRA administrator to make a donation directly to UUFSD (and all charities, of course) without passing through your hands, and the donation will be counted as part of your Minimal Distribution. You can't deduct the donation on your tax return, but the reduction of the amount of your RMD has the equivalent tax benefit. If your income has increased this year and you're worried about being bumped into a higher tax bracket, you get the same tax benefit of a donation, but stay in a lower tax bracket, so you pay lower taxes overall.

And finally, if you've been putting off your estate planning (or perhaps it needs updating), now is the time to get start. Consider making a "planned gift" to the Endowment Fund of UUFSD in your will or in your Trust document.

Money given to our Endowment Fund at vour death will earn income for the Fellowship far into the future. Once we build Endowment to the minimum required in our Bylaws, \$100,000, the income from Endowment will distributed to the Fellowship every year. Many churches with large endowments don't face the struggles that we face every year trying to meet our budgetary needs. children may (or may not!) miss the amount you give UUFSD, but they will be proud of your decision. And as a member of our Legacy Society, vou will be well remembered by **UUFSD** congregations forever! Steve Rosen, Finance Chairperson, may answer vour questions, or consult your attorney or broker

Be a Savvy (and Generous) Giver!

Gifts that Keep On Giving: FOUNDERS' HALL GOES HIGH-TECH



If you haven't noticed much of a change in Founders' Hall, that's because the recent installation of audiovisual equipment was designed to be as unobtrusive as possible. Most obvious are two 70" LED screens which can project the words of worship songs and readings, videos, graphics, Power Point presentations and more with good visibility, even in daylight.

New multi-component AV equipment, housed in a portable cart, plugs in at the back of the Hall rather than the front. Placement behind the congregation allows for better AV monitoring and leaves the worship area uncluttered. Richard Johnson, our skillful sound technician, and several members have received training in using the new equipment.

FOUNDERS' HALL GOES HIGH-TECH, continued

For the hard-of-hearing we have a new microphone system with 4 headsets. You can ask Richard for one when you enter. Overflow crowds and parents with fussy children will appreciate new options for extending sound from services and concerts to other areas. The amphitheater and Founders Hall now have an audio connection, and outside Founders Hall two speakers facing the Core Area and one facing the porch have been installed.

Thank you to our anonymous donor and the Spirit Level Foundation's matching grant for these important digital improvements!

Greg Brown and Elizabeth Michel, Co-Chairs, Design Review Committee DesignReview@uufsd.org.

Planning your gift-giving for the holidays?

Looking for a meaningful giving opportunity? Consider these two options:

Check something off of Rev D's holiday wish list! UUFSD is a self-sustaining community. What we have is what we have given. And there are needs still unmet. The staff has prepared a list of things that would make it easier for the Fellowship to operate. If you are interested in donating something from the list, please contact our Administrator, Elizabeth, to work out the logistics. If you would like to donate money to help us purchase something from the list, send a check to the Office, with "holiday list – (and the item)" in the memo line.

Here's the list:

- 2 Filing cabinets (4 drawer, locking)
- 1 Filing cabinet (2 drawer, locking)
- 4 Filing cabinets (4 drawer)
- Folding hand cart to help schlep heavy things around the campus
- Office Chair for Elizabeth
- New Piano Light

And, while you have your checkbook out...

Contribute to the staff holiday bonus fund. Each year we invite voluntary contributions to enable the Board to give a little extra to our hard-working staff to sweeten the holiday season. Collection baskets will be available at each service starting Sunday, Dec. 1. The money will be allocated among all the full and part-time staff.

Newsletter Deadline is the 15th of the month ahead

If your event will be held at UUFSD, and *before* you request to publicize it, reserve the room by contacting office@uufsd.org.

\sim For best results, keep your article pithy~

- under 100 words for the Order of Service, Calendar, and Save The Date!
- under 250 words for the Newsletter and uufsd.org/News
- under 500 for the Quarterly Magazine

For announcements, begin with the most important information. Answer the questions who, what, where, what time, why, and how early in the article. I.E.: "The Book Club meets the third Monday of each month at 7:00 p.m. in the UUFSD library."

And, as always, anytime you would like anything published anywhere at UUFSD, use http://uufsd.org/events-information/submission/.

Thank you!

PLEASE READ THIS IF YOU ARE 70 1/2 OR OLDER

My heartfelt thanks to Caroline DeMar for the excellent information below.

This may be the last year of the law affording the opportunity, for those with Required Minimum Distributions from their retirement plans, to save significant money in their year-end charitable giving. If you are in the above age category, you may find this information very useful.

Best Regards,

John Sherman

The IRA charitable rollover is available through December 31, 2013. At this time, it's not known whether Congress will extend this benefit in future years. Given the state of our Congress, it seems unlikely!

This provision permits tax-free distributions to an eligible charity from an IRA held by someone age $70\frac{1}{2}$ or older of up to \$100,000 per taxpayer, per taxable year. For some donors, there are a couple of tax reasons why this method of donation may be preferred over the usual method of donating.

- 1) Giving directly from your IRA is advantageous if you happen to be close to the top of a tax bracket and you're finding that your IRA Minimum Required Distribution is pushing you into a higher tax bracket. All distributions, up to \$100,000, made directly to charitable organizations are not included in your Adjustable Gross Income (AGI), possibly keeping you in the lower bracket.
- 2) Furthermore, keeping your AGI lower may reduce the "adjustments" (surcharges) you pay on your Medicare Part B and Drug premiums. Singles with income above \$200,000 and married couples with incomes above \$250,000 pay increasingly higher Medicare surcharges depending on level of income.

To make this kind of charitable distribution, you direct your IRA Trustee to write checks directly to your selected charities (including UUFSD, of course!). Usually there will be forms, supplied by your broker, to be completed. Fill out the Distribution form and attach your list of charities (must be 503b), including their addresses. Usually, your broker will mail the checks to you, and you forward them to the charities. You could pay your entire year's pledge to UUFSD or if you could jump-start a contribution to the Capital Campaign to help meet the matching grant. Just be sure that you enclose directions to Elizabeth with the check to be sure your donation is correctly credited.

Congress has made the rules regarding charitable giving more complex in other respects, as well. Consult with your tax accountant!

COMMITTEES

Building & Grounds: Ken Schultz buildingandgrounds@uufsd.org

Committee on Ministry: Richard Macdonald committeeonministry@uufsd.org

Communications: communications@uufsd.org

Design Review: Greg Brown & Elizabeth Michel designreview@uufsd.org

Finance: Steve Rosen finance@uufsd.org

Joy: Bev Conner joy@uufsd.org

Kitchen Management: Alejandra Hoffman-Chan & Pamela Parker <u>kitchen@uufsd.org</u>

Library: Sharilyn Parr library@uufsd.org

Membership: Betsy Gilpin membership@uufsd.org

Memorial Walkway: Barbara Blomgren memorialwalkway@uufsd.org

Nominations: Caroline DeMar nominations@uufsd.org

Pastoral Care: Karen Quinones pastoralcare@uufsd.org

Personnel: Alisa Guralnick & Heather Stroud personnel@uufsd.org

Religious Education: Susan Miller & Alison Crotty religiouseducation@uufsd.org

Ushers: Alice Brzovic & Glen Bowden <u>ushers@uufsd.org</u>

Worship: Susan Hahm worship@uufsd.org

Band: Rich Franzwa & Jill Reis band@uufsd.org

GROUPS

Adult & Youth Choirs: jill@uufsd.org

Book Club: Sharilyn Parr bookclub@uufsd.org

Men's Groups 1 & 2: Clint Stoddard & Steve Bartram mensgroup@uufsd.org

Senior Exercise: Judith Barney seniorexercise@uufsd.org

Smart Recovery: Ashley Phillips smartrecovery@uufsd.org

Film Nights: John Gilles filmnights@uufsd.org

Sunday Discussion: Michael Parr sundaydiscussion@uufsd.org

Wednesday Discussion: Steve Rosen wednesdaydiscussion@uufsd.org

Women's Group: Dianne Graham womensgroup@uufsd.org

Young Adults: Leslie Uke youngadults@uufsd.org

UUFSD SPIRITUAL LIFE

Spiritual Growth Circles: Linda Pratt spiritualgrowthcircles@uufsd.org

Mindfulness Meditation: Livia Walsh mindfulnessmeditation@uufsd.org

Buddhist Groups: Christie Turner & Robin Mitchell buddhistgroups@uufsd.org

Buddhist Sangha: Bob Isaacson buddhistsangha@uufsd.org

ANNUAL EVENTS

De Benneville Pines: Betsy Gilpin & Christie Turner debenneville@uufsd.org

Memorial Day & July 4th Campouts: Betsy Gilpin membership@uufsd.org Published monthly by the Unitarian Universalist Fellowship of San Dieguito, P.O. Box 201, 1036 Solana Drive, Solana Beach, 92075

POSTMASTER: Send address changes to UUFSD, P.O. Box 201, Solana Beach, CA 92075

RETURN SERVICE REQUESTED

Contact UUFSD

Rev. David A. Miller, Minister Alison A.L.G.M. Crotty, Director of Religious Education Andrea Newall, Choir Director Elizabeth Lindsay, Administrator



www.uufsd.org

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